

CHILD DEVELOPMENT DAYHOMES ALBERTA

DECEMBER 2010

CHRISTMAS OFFICE HOURS

Dec 24- CLOSED
Dec 27- CLOSED
Dec 31 -8:30 am—12:00 pm
Jan 03- CLOSED

Congratulations!

Bishnu & Samira
On 1 year

Kavitha on 2 years with CDDH!

Happy Birthday!



Jagdish & Trisha

FIELD TRIP IDEAS: SLEDDING



Pack some hot chocolate goodies, warm clothes and enjoy the winter snow with a day of Sledding. Bring along a friend!

Child Portfolio Checklist



For the month of **DECEMBER** you should be filing a sample of your child's **Cutting/Ripping**. Don't forget to name and date your children's examples.

*Child Development Dayhomes wishes your families a
Happy and Safe Holiday Season*

&

All the Best in the New Year!





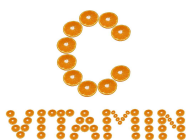
Many Languages Many Cultures

The beauty of celebrating holiday traditions in Canada is celebrating Holidays in the spirit of your family roots. Holiday traditions in Canada bring families together in a grand celebration. With the diverse ethnicity of cultures in Canada, there is a variety of ways ethnic groups celebrate Holiday traditions. It is always interesting to see the innocent expressions of our children enjoying Holidays and learning the true meaning of the Holidays. Share your traditions with your dayhome children and parents. We sincerely hope your Holiday traditional memories are cherished and enjoyed by all!



Health and Wellness:

Children need a daily intake of Vitamin C because it is important for maintaining a healthy immune system. Among the many benefits of Vitamin C for children is that it acts as a powerful anti-oxidant as well as an anti-inflammatory agent that prevents oxygen-based damage to the cells. Healthy Kids recipes should always include foods that are rich in vitamins and nutrients. Vitamin C is especially important for children. The good thing about Vitamin C is that it is present in a variety of fruits and vegetables. Children can get their daily dose of Vitamin C by consuming a variety of fruits and vegetables. Fruit is a delicious food with wonderful colors and textures that appeal to children. Fruit is one of the easiest healthy foods to get kids to eat. Offer lots of vitamin C rich foods to your children!



RECIPES



SANTA HATS:

Ingredients:

Your favorite jello (Red)
Whip cream
Red sprinkles
cupcake paper

Directions:

Follow directions on the box to make jello, Then put cupcake papers in a cupcake pan, pour jello in each cup and refrigerate until its done. When ready put whip cream on top and sprinkle red sprinkles on whip cream

DECEMBER 2010

GROSS MOTOR Activity :
Shake it!

Properly developing gross motor skills are an important indicator of a child's healthy development. Gross motor skills involve the trunk, arms and legs, the largest muscles in the body. "Shake it" is a body awareness gross motor activity for children's game, get your child to identify body parts and then shake them. Put some music on and get them to shake their head, knees, hands, arms and so on. Each child can have a turn to call out the body parts. This activity is good for teaching body parts, getting the kids active and having fun!

The Developing Child:

When **conflicts** happen, it's a good idea to resist the urge to solve them. Instead, parents and providers could ask each of the children to state their feelings and explain what they want. Encourage them to negotiate a solution by coming up with ways to solve the problem so that everyone is happy !

LITERACY: Chubby Little Snowman (actions)

A chubby little snowman,
(Hold hands out to demonstrate "chubby.")
Had a carrot nose.
(Point to nose.)
Along came a bunny,
(Hop like a bunny.)
And what do you suppose?
(Shrug shoulders; hold out hands, as if to question.)
That hungry little bunny,
(Rub stomach.)
Looking for his lunch.
(Hold hand above eyes, as if searching for something.)
Ate that snowman's carrot nose,
(Pretend to eat.) Nibble, nibble, crunch!!



COMMUNITY EVENTS

2nd Annual Kaos Family Skate

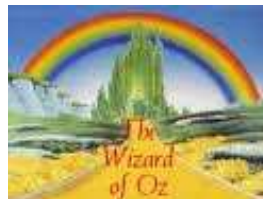
Sunday afternoons from 2:30-4:30pm at the Suncor Community Leisure Centre at MacDonald Island Park. **absolutely FREE**-- great music, coffee, hot chocolate, and prizes! kids under 16 need a helmet. This amazing Family Event! See you there!

Here are a list of dates for the Kaos Family Skate 2010/2011 Season:

- Dec 4th, 12th, 19th and 26th
- Jan 2nd, 9th and 30th
- Feb 13th, 20th and 27th
- Mar 6th, 20th and 27th



King Street Theatre



@

Composite High School
Dec 2,3,4,9,10 &11 ...
8pm & a 2pm Sat Matinee
tickets \$10
students are selling tickets now:) or they available at the school

RMWB Holiday Family Cake Off!

The Cake Off will take place on **Saturday, December 11 , 1:30-3:00 pm** at the Keyano College Syncrude Sport and Wellness Centre. Bring your team and show off your cake decorating skills! Our panel of Judges will determine which cake will be the grand prize winner of the Cake Off. There will also be a prize for the team with the best Spirit! The cost per team is \$10. Pre-registration is required call 780.799.1144





Sun

Mon

Tue

Wed










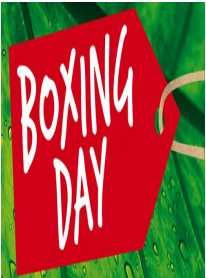
Thu

Fri

Sat

December 2010




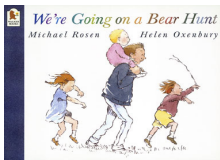

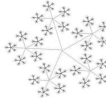






			<p>1 Make bagel wreaths. Encourage children to spread cream cheese (w/green food coloring) on an open bagel. Decorate with dried cranberries & cherries.</p>	<p>2 Read the story "The Mitten" by Jan Brett. Have a large mitt & the play animals from the book to reenact</p>	<p>3  Christmas Workshop</p>	<p>4 </p>
<p>5 </p>	<p>6 Create a winter collage using twigs, cotton balls, silver glue, blue paper and white glue.</p>	<p>7 Create crystal snowflakes. Construct a snowflake shape with pipe cleaners, attach to a string with a pencil tied on the other end. In a jar stir boiling water, 1 tsp of Borax, a dash of, food coloring. Hang the snowflake in the jar so the pencil rests on top of the jar and the snowflake is covered in the liquid.. Sit it over night.</p>	<p>8</p>	<p>9 Create a paper plate snowman using different sized paper plates, glue, scrap art materials.</p>	<p>10 Winter Snow Recipe. Mix soap flakes with water into a thick paste. Add a small amount of liquid starch and white powered tempera. Encourage children to create designs by painting wit this mixture!</p>	<p>11 </p>
<p>12 </p>	<p>13 Glitter Pine cones- Encourage the toddlers to drizzle the pinecones with glue then sprinkle or roll in glitter. Tie a ribbon to the end and hang dry.</p>	<p>14 Place snow, mitts, shovels and pails in a water table for children to explore with. Talk about it's texture, temperature and how it melts.</p>	<p>15 Counting: Snowmen Song. Ten happy snowmen dancing all around. Dancing all around (spin in place) Ten happy snowmen dancing all around, The sun came out & one melted to the ground (make sun with arms, one slides to the ground). Nine..Eight..Seven.. And so on.</p>	<p>16</p>	<p>17 Make ginger bread houses using ginger bread cookies, colored frostings and a variety of candies.</p>	<p>18 </p>
<p>19 </p>	<p>20 Make colored matching glove shapes out of felt. This creates a fun reusable matching game for children.</p>	<p>21 Go the neighborhood hills and fields and go tobogganing/ sledding/crazy carpeting.</p>	<p>22 Create an indoor snow fort. Drape blankets over scattered furniture. Place blankets, pillows and books under the fort to create a comfortable and quiet play space.</p>	<p>23</p>	<p>24  ~Agency Closed~</p>	<p>25 </p>
<p>26 </p>	<p>27 Bring the children outdoors in their snowsuits. Lay on your back in the snow & make snow angels. ~Agency Closed~</p>	<p>28 Trace the children's hands. Cut them out and stick to a paper head band. Encourage the children to decorate their reindeer head bands.</p>	<p>29 5 Little Snowflakes- 1 little snowflake with nothing to do. Along came another & then there were 2. 2 little snowflakes laughing with me. Along came another & then there were 3. 3 little snowflakes looking for some more. Along came another & then there were 4. 4 little snowflakes dancing a jive. Along came another & then there were 5. 5 little snowflakes having so much fun. Out came the sun & then there were none!</p>	<p>30</p>	<p>31 NEW YEARS EVE</p>	<p>* Attendance sheets are due: December 10</p>



January 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 
2 	3 ~Agency Closed~	4 Poem: "Here's to the bright new year. And a fond farewell to the old. Here's to the things yet to come. And to the memories that we hold"	5 Make snow cones— Blend ice and allow children to add food coloring to their own portions.	6 Lacing Card: Find bear pictures from old calendars. Cut and laminate. Punch holes around. Provide long shoe laces to the children. They will learn in, out, through the hole.		8 
9 	10 Teddy Bear Hunt: Ask the children to bring one or two teddy bears. Hide the bears all over the play area. Encourage the children to find their own teddy bears. Sing teddy Bear songs such as "We're Going On A Bear Hunt"			13 Sing to the tune of "BINGO" There was a little tiny bear, and TEDDY was his name-o. TEDDY, TEDDY, TEDDY And teddy was his name-o		15 
16 	17 Place snow in the water table. Encourage toddlers to spoon it into dishes, color it with food coloring, watch it melt, make little snowballs, make miniature snowman and place into freezer.		19 Music: Winter Waltz: All you need is music. Encourage the children to dance.	20 Art: Dissolve 4 Tbsp Epson salt with 1/4 cup hot water. Draw freely with crayon on dark paper. Brush with salt solution. Stirring the solution often. Dry and display.		22 
23 	24 Chart, learn and say "Happy New Year" in different languages.	25 Winter Hibernation: The children can come wearing their pj's. Make dens from pillows, blankets. Encourage the children to bring their favorite stuffed animal.		27 Make smores with the children. Encourage children to cover their own graham crackers with little marshmallows and chocolate chips. Place into oven at a low heat.		29 
30 	31 Draw a tree without leaves. Provide the children with cotton balls and glue. When done, ask the children how many branches caught the snowflakes.		*Attendance Records Due Jan.23rd*			