

CHILD DEVELOPMENT DAYHOMES



December 2011

www.childdev.com

December Workshop “Arts and Crafts”

Meadowlark Community League: 15961—92 Ave
Dec. 7, 2011: 9:30am—11:30am
Providers, children, and parents
are all welcome! RSVP to 780-444-2288



January Workshop “Cooking in St-Albert”

Grandin Clubhouse: 5 Grenfell Ave
Jan. 12, 2012: 9:30am-11:30am
Providers, children, and parents
are all welcome! RSVP to 780-444-2288



Using Your Home for Daycare Income Tax Session

Location to be determined
January 11, 2012 7:00pm —9:00pm
RSVP to 780-444-2288



Multicultural Activity

Pet the Elephant (India)

Choose the child to be the elephant and crouch down on all fours. The child begins to swing its trunk (one arm back and forth). The other children go up to the elephant and try petting the animal without getting touched by its swinging trunk. Whenever the elephant's trunk touches a child, the child is out of the game. The child who remains untouched will be the new elephant.



Read more: <http://www.brighthub.com/education/early-childhood/articles/69448.aspx#ixzz1IIbbWzBB>



Provider Spotlight—Megan Brooks

Megan Brooks joined Child Development Dayhomes as a dayhome provider in August of this year. Since she joined the agency, she showed very inspiring abilities such as extending activities she sees at monthly workshops. Regular and special fieldtrips are integrated throughout her weekly programming. Cooking with children is

also a weekly activity. Megan enjoys arranging play dates with other providers for social interactions. She notifies the children what will happen next for easy and smooth transitions. Megan answers the children's questions with very simple words, sentences and examples. She also uses open ended questions to encourage the children to engage

with the activity. Thank you, Megan. You are a very good role model to the children and others. We are happy and proud that you are a part of our organization and the positive impact you have on the children's young lives.



Outdoor Winner: Chadel Salud

Chadel takes the children out for walks around the neighborhood and parks. She's always prepared and has different toys, snacks, extra clothes and emergency supplies in the basket of the stroller.



Parent Feedback Survey on CDDH Website!

Click here on the following link to know how we are doing

<http://www.childdev.com/Surveys/EDMONTON/General+Survey/Default.ksi>

Congratulations!

Congratulations to Patricia, Paul, Drake and Seth Aksenchuk on the arrival of Bella Dawn Cheryl Aksenchuk, born on November 9, 2011.



Congratulations!

To the following providers celebrating their Anniversaries with
Child Development Dayhomes in the month of December

Urszula Hadyna	15 years	Rubina Malik	3 years
Taraneh Mehrabi	9 years	Laura Joyal	2 years
Lorraine Altmiks	7 years	Petula Munde	2 years
Erin Dawson	4 years	Lina Te	2 years
Ragini Seemrith	4 years	Julia Davidson	1 year
Nazneen Hena	3 years		



Toddler Winter/Outside Activity by Lizelle Lepatourel

Ice bird feeder/ice decorations

This activity has two options: You can make frozen bird feeders using fruits or seeds that birds would eat or you can use paper doilies or anything suitable for the Holiday spirit.



You will need:

- empty tea light candles or plastic yogurt lids, butter lids (re-use center is great for this)
- oranges, berries (or fruits that birds would eat)
- paper doilies, pom-poms, glitter (anything that will look great as a decoration)
- food coloring
- string/ribbon
- water and tray
- freezer or a cold day outside would be great

Add your objects (like fruits/seeds or paper doilies) to your lids or tea light candles. The kids can choose what objects they would like to put in.

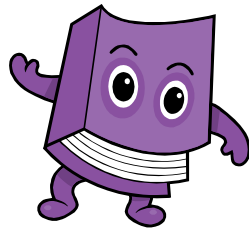
Before adding the water, make sure you have your lids on a tray for easy transporting. Add water (with or without food coloring). The kids can easily pour this and if you are scared of making a mess, do this outside or at a water table. Add the string long enough so you can hang it afterwards.

Tell the kids that you will put it in the freezer or outside (overnight) and ask them what they think will happen to it when they come tomorrow. Once it's frozen it makes beautiful ice decorations and is perfect for outside trees. If you do one with fruits and berries, it's great for the environment.

Active Albert's

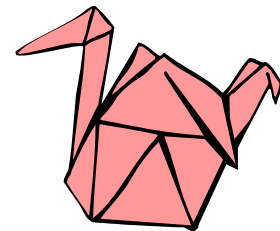
French Language Story Time

St. Albert Public Library
December 8, 2011
4:30—5:00
www.sapl.ab.ca



Origami with Susan

St. Albert Public Library
Kid's Club
December 28, 2011
1—2 pm
780-459-1532
www.sapl.ab.ca



Cooking for Children by Lizelle Lepatourel

Pumpkin Fritters

Ingredients:

1 egg
1 cup cooked pumpkin (the cooked pumpkin from a can works well too)
1 cup flour
2 teaspoons baking powder
100ml milk
1/4 teaspoon baking powder
Oil (for frying by an adult only)
Cinnamon sugar

Directions:

- 1) If you are cooking your own pumpkin, make sure it's well drained and mashed up.
- 2) Beat the egg and mix it with the pumpkin.
- 3) Add the rest of the ingredients except for the oil and cinnamon sugar and mix it well into a thick batter (it shouldn't be too thick, but thicker than pancake batter)
- 4) Heat a heavy pan, using medium to high heat to start with. Add a little oil.
- 5) Scoop up heaped tablespoons of batter and drop into pan, but not too close together
- 6) Fry until bubbles form on the top surface. They should now be firm and golden on the underside.
- 7) Flip over and fry on other side
- 8) The fritters will puff up slightly while cooking. To test, press lightly on fritters. When done, they will tend to spring back.
- 9) Remove from pan and drain on kitchen paper. Serve with plenty of crunchy cinnamon-flavored sugar.





Field Trip Ideas



Skate Palace

West Edmonton Mall

Children 5 and under can learn to skate with an accredited free-skate coach onsite for instruction! Available Monday, Wednesday and Friday from 11am to noon.

One adult may chaperone each child for free. Skate and helmet rentals are available. To confirm, call 780-444-5300.

Admission: \$3 per child



Candy Cane Lane

The colorful light displays and unique decorations bring out the magic of the season for young and old alike. Christmas in Edmonton is not complete without a walk down Candy Cane Lane.

When: Dec. 9 until Jan. 2 (runs until midnight)

Location: 148 St between 100 Ave and 92 Ave.

Please bring a donation for the Edmonton Food Bank.



Megan Brooks' Dramatic Center

Hospital Center

The children used the band aids to cover all the babies hurts. They would wrap the babies in blankets and give them medicine with the syringes, eye droppers and medicine spoons. We spent one morning decorating a sign for our center, the kids decided it was "Baby Hospital." They had their names on the sign as Dr. Sally and so on.

We took a bunch of band aids, cotton balls, tongue depressors and gauze and made a collage of medical materials. The children used dental floss to paint with. We took a large piece of paper and traced their bodies, and read a book about body parts.

The kids were really interested in making sure babies "feel all better" and they spent a lot of time just holding the babies and giving them medicine. After a while they moved on to giving each other and myself medicine and talking about how they "felt sick or had a sore arm or leg."



How to Build a Strong Foundation to Guide Children's Behaviours

Loving Touch: Physical contact and reassurance helps children to become secure and better able to form adult relationships when they finally head out on their own. So remember to hug every child every day as much as possible. Children who are loved are able to return love.

Time Together: Spending time with children lets them know they are special and important. This allows adults and children to build loving, trusting relationships through play and conversation.

Respect Children's Feelings: Children display emotions openly and freely. The early years are a time to learn about what all these feelings mean and how to express them appropriately. When Early Childhood Educators respect a child's feelings and guide them on a path to healthy expression of feelings then a child's emotional well being is supported and nurtured.



Apologize: Sometimes teachers make mistakes and that is okay. Letting children know this and apologizing is great role modeling for the children. The children will learn it is okay to make mistakes but it is equally important to apologize.

Have Fun Together: Be the best play partner you can be! Follow the lead of children's play. Enhance their play with new materials and resources and ask a lot of open questions to support further learning and language development.

Source: Developing Harmony Newsletter, November 2011

Let's Talk about the Early Years

A report by the Chief Medical Office of Alberta Health Services containing insightful information for parents about the importance of the early years:

<http://www.health.alberta.ca/documents/CMOH-Lets-Talk-Early-Years-2011.pdf>





December 2011



Sun

Mon

Tue

Wed

Thu

Fri

Sat

**Attendance
Records
are due:
Dec. 16**



1 Buy a chocolate advent calendar where children can open a window each day leading up to Christmas and receive a tasty treat!

2 Sing: "Eensy Weensy Spider"



5 Make ginger bread houses using ginger bread cookies, colored frostings and a variety of candies.

6 Liquid Melodies: Fill different-sized jars and glasses with water. Use a spoon and listen to the different sounds they make!

7 Play the card game "Pairs" - Place 8 cards facedown and take turns selecting 2 cards. If they match you keep them.

8 Nursery Rhyme: "Pat-a-cake, pat-a-cake, baker's man. Bake me a cake as fast as you can; Pat it and prick it and mark it with B, Put it in the oven for baby and me."

9 Easy Lemonade:
1 cup water
1 cup sugar
Juice from 4-6 lemons
4 cups of water



12 Create an indoor snow fort. Drape blankets over scattered furniture. Place blankets, pillows and books under the fort to create a comfortable and quiet play space.

13 Go to the neighborhood hills and fields and go tobogganing/crazy carpeting.

14 Make candy cane heart picture frames by gluing two candy canes on red construction paper in the shape of a heart. Trim the excess paper around the candy canes. Print out pictures and glue them into the frame.

15 Build a snowman in the front or back yard

16 Messy Play: Put snow in a baby bath tub and have the kids play with the snow indoors!



19 Candy cane cupcakes. Unwrap six small candy canes and place inside a plastic bag. Let kids use a rolling pin to crush candy canes into small pieces. Help your kids make cupcake batter according to the directions on a box of cake mix. Add 2 Tbsp of crushed candy canes into the batter.

20 Trace the children's hands. Cut them out and stick to paper headband. Children can decorate their reindeer headbands

21 Read "Clifford's Christmas" (The big red dog) by Norman Bridwell

22 Arrange 4 popsicle sticks to make a snowflake. Glue sticks together and add sparkles.

23 Make a cotton ball snowman. Glue cotton balls onto a white paper plate. Cut and glue a hat, eyes and nose using construction paper.



26 **Boxing Day**
~Agency Closed~



27 Statutory holiday in lieu of Christmas Day
~Agency Closed~

28 Trace the children's hands. Cut them out and stick to paper headband. Children can decorate their reindeer headbands











29 Make a cotton ball snowman. Glue cotton balls onto a white paper plate. Cut and glue a hat, eyes and nose using construction paper.





January 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1. </p>	<p>2 Statutory Holiday (In lieu of New Years day) Office closed</p>	<p>3 Play follow the leader in the snow, step in each others foot tracks</p>	<p>4 Place several items on the floor. Cover with a small blanket. Remove one item. Which one is missing?</p>	<p>5 Hibernation: Make a cave or den using pillows and blankets, the children can wear their pajamas. Encourage them to bring their favorite stuffed animal.</p>	<p>6</p>	<p>7 </p>
<p>8 </p>	<p>9 Make cards with left over wrapping paper</p>	<p>10 Frosty Treasure Hunt: Before your kids head outdoors to build a snowman hide all the accessories they'll need to assemble their Frosty. The kids must collect all the pieces. They'll love hunting down the treasures you've hidden. Give them clues or a treasure map to follow!</p>		<p>11</p>	<p>12</p>	<p>13 Mitten puppet making: Use mismatched mittens to create puppets.  </p>
<p>15 </p>	<p>16 Snowflake cutout: use a round coffee filter. Fold and cut small holes.</p>	<p>17 Play musical hugs: When the music stops, hug a friend. Start dancing when the music starts again.</p>	<p>18 Have a winter picnic. Take a thermos and mitten friendly food outside.</p>	<p>19 Place snow in a water table or bin. Encourage toddler to spoon into dishes. Watch it melt.</p>	<p>20 Read 50 below Zero by Robert Munsch.</p>	<p>21 </p>
<p>22 </p>	<p>23 Make Hockey sticks out of wrapping roles. Add some colored tape.</p>	<p>24 Attendance records due </p>	<p>25 Edible snow: Freeze small portions of juice, put in blender until well crushed. Serve in small bowls</p>	<p>26 Snow globes: Wash and dry a baby food jar completely, including the lid. Attach a figurine to inside of jar lid using hot glue gun. Fill jar with water to within 1/2 inch (1 cm) of top. Use cold water, warm water tends to cloud. Sprinkle 1/2 teaspoon of glitter, into water. Using hot glue gun, line inside of lid with glue. Insert figurine in water and screw on lid. Decorate the lid rim with ribbon or use colored felt Glue on buttons, use stickers, or personalize your globe by writing your name in glue and sprinkling with glitter. You may also paint the lid rather than use ribbon or other embellishments. The possibilities are endless.</p>	<p>27</p>	<p>28</p>
<p>12 </p>	<p>30 Spider snack: 1 babybel cheese, 4 small pretzel sticks raisins. Unwrap cheese, break pretzel and insert to make spider legs. Add 2 raisins for eyes. Kids will love to help create this healthy snack.</p>					