

FEBRUARY 2012

Parent Survey Month:

We are commitment to providing the best early learning and care environments for our children . This child survey will document information on the children and your provider. We appreciate all your suggestions and take your feedback very seriously in order to serve the children and families better.



Please fill them out before the end of February. They can be returned to your Dayhome Provider or the agency.

FEBRUARY is Infant/Toddler Activities

Children love watching and playing with puppets.

- Put a puppet on your hand and hold it behind your back.
 - Bring out the puppet and say, "Peekaboo, (child's name)".
 - Now put it behind your back again..
 - Continue doing this until your baby begins to anticipate the puppet coming out at a certain place..
 - Then bring the puppet out at a different place-over your head, over the baby's head. Always bring it down in front of your baby's face (not too close) when you say the peek-a-boo words..
- Give the puppet to your baby and see if she will imitate you.



Eliana

Happy 2nd Year Anniversary
with CDDH! Nathali and Khadiji
Happy 1st Anniversary Asha

Child Portfolio Checklist

For the month of **Feb** you should be filing a sample of your Child's **DRAWING**.

Don't forget to name and date your children's examples.

ALL artwork in the portfolio should have been given to the parents, for keeping, and reviewing. February is a fresh start.

FIELD TRIP IDEAS:

With the gorgeous weather you should be taking the opportunity to enjoy the great outdoor and all its freshness. Take the children to the nearest open field. Let them run, roll, and jump in the snow. Make snow angels and compare footprints. Play frozen tag, or dig "caves". Then walk back home to have some yummy hot chocolate!



Criminal Checks

Intervention Checks

Please review your forms, this can be a long process . And should be done prior to expiration date to ensure current copies on file. All Checks must be current for everyone living in the home 18 years or older. If you are not sure Please contact the agency.



St. John Ambulance
SAVING LIVES
at work, home and play



Next First Aid in Child Care March 17 & 18

Call early to register 780-743-0991



Many Languages Many Cultures

Valentine's Day in Canada



Valentine's Day is an opportunity for people in Canada to tell somebody that they love and appreciate them.

It falls on **February 14**, the name day of two saints, St Valentine of Rome and St Valentine of Terni. In pre-Christian times, the middle of February was a time of pagan fertility festivals in Europe and allegedly the time when birds chose a mate.

Many people send letters, cards, presents and gifts to loved ones on Valentine's Day. Valentine's Day cards are often red or pink and decorated with images of hearts, red roses, teddy bears, presents or happy couples kissing or embracing. They may be in brightly colored, perhaps pink or red, envelopes. Valentine's Day can also be an occasion for a more general celebration of love and appreciation of people who are personally important to an individual. School children may help decorate their classrooms with hearts, make cards or presents for their parents and exchange Valentines cards with their classmates. Stores may also sell Valentine's Day themed cakes, cookies or candy.

Teenagers and young adults may hold Valentine's Day parties or dances on or near February 14.



Health/Nutrition: Runny Noses

A runny nose is a common condition that young children get. Whether caused by a cold, sinus infection, or allergies. How do you know when or when your child needs to stay home? Your child starts off with a clear runny nose for a few days, and then she begins coughing slightly. Over the next few days the nose turns from clear, to white, to yellow, then to green. When cold symptoms worsen after 5 days or do not improve after 10 days consider your child may have a sinus infection and should be examined by a doctor.

Sick children should not be taken to the Family Dayhome, particularly when there is a risk of transmitting the illness to other children. Or is there is any of the following:

- Cold accompanied by runny nose and coughing (sniffles we can handle).
- Any communicable disease (must be reported)
- High fever during previous 24 hours
(a temperature greater than 38 degrees Celsius)
- Diarrhea and/or vomiting during previous 24 hours
- A new unexplained rash

RECIPES

Valentine Hearts

Ingredients

- 1/4 cup margarine or butter
- 1 (10 ounce) package regular marshmallows
- 6 cups RICE KRISPIES cereal



Directions: In a large microwave-safe bowl, melt margarine and marshmallows in a microwave set on HIGH for 2 minutes, stirring after 1 minute. Stir until mixture is smooth. To create different coloured RICE KRISPIES hearts, add food colouring to melted marshmallows before adding cereal.

Add RICE KRISPIES cereal, stirring until well coated. Spread cereal mixture into a 33 x 23 x 5 cm baking pan coated with cooking spray or butter. Allow cereal mixture to cool slightly. Cut into heart shapes using a heart-shaped cookie cutter or knife.

FEBRUARY 2012

GROSS MOTOR Activity :

Gross motor skills are movements that help children develop large muscle control in arms, legs and the entire body. As a baby and as a toddler, it is important that your child keep exercising these muscles.

There are a number of movement activities and games you can do:

- PUSHING AND PULLING, CLIMING,**
- RIDING, CRAWLING**
- ROLLING, WALKING, RUNNING AND MARCHING, JUMPING,**
- THROWING/TOSSING**
- HOPPING, KICKING, BOUNCING**

Child Development: Learning Through PLAY

Play is fun for children. Play is the way children learn.

Through play, children learn about themselves, their environment, people and the world around them. As they play, children learn to solve problems and to get along with others. They enhance their creativity and develop leadership skills and healthy personalities. Play develops skills children need to learn to read and write. Toys should challenge a child's interests and abilities. They should match skill and maturity levels. With the right toy, a child will be neither bored nor unduly frustrated. The richest play takes place when the adult takes an active role and plays along side the child, rather than just providing toys or supervision.

UPCOMING EVENTS

**Penny Detert is presenting a
Provider Workshop on
"Ethics—Professional
& Business Practices"**

Feb 29th

The HUB in Timberlea

7-9pm

20th

**Annual Caring That Counts
2012 Provider Conference**



Celebrating 20 Years of Caring

Saturday, April 14, 2012

Radisson Hotel

(Edmonton South)

4440 Gateway Boulevard

Registration Information :

Early Bird: (Post marked PRIOR to March 9th, 2012)

\$100 non-refundable fee, / person

Regular:(Post marked after March 9th, 2012)

\$125 non-refundable



Celebrating our Climate,

Culture, and People

Festivities will begin with opening ceremonies, the Lover's Bonfire and a fireworks display

For complete schedule of events go to:







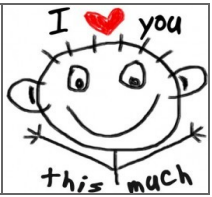


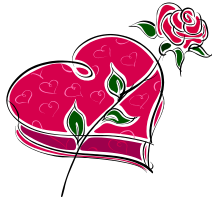

winterplay.ca.





February 2012





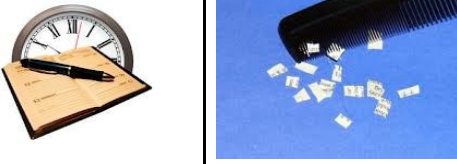


Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>1 Crayon Hearts– Heat oven to 250 degrees. Fill each mold in a heart shaped cookie/muffin tin with leftover crayon pieces. Bake them for 10-15 min. Allow them to cool then color with your new multicolored crayons.</p>	<p>2 Read the book: Olive My Love by Vivian Walsh with the children.</p>	<p>3 Using construction paper, reusable art supplies and crayons, create homemade Valentines Day cards.</p>	<p>4</p> 	
<p>5 Dissolve 4 Tbsp Epson salt with 1/4 cup hot water. Draw freely with crayon on dark paper. Brush with salt solution, stirring the solution often. Dry and display.</p>	<p>6</p>	<p>7 Finger Print Hearts – Press your index fingers on a non-toxic stamp pad. Stamp V shaped hearts on paper by joining two finger prints at the bottoms.</p>	<p>8</p>	<p>9 Bring the children outdoors to a field of snow. In their snow suits, encourage them to make snow angels.</p>	<p>10 Exploring sound with babies- Gather a bunch of things you can make noise with, (eg. a piece of crinkly wrapping paper, squeeze toy). Demonstrate each sound, varying the order so it's always surprising. Then put the noisemakers in baby's hand and help him make the sounds.</p>	
<p>12</p> 	<p>13 Dipped Chocolate Treats– Microwave chocolate until softened and stir in 2 tsp of salad oil. Encourage children to dip fruit and other goodies such as pretzels into their own chocolate dip.</p>	<p>14</p>	<p>15 Set up an obstacle course using furniture, sheets, mats, masking tape and boxes. Have children describe their movements using terms such as over, under, around and through.</p>	<p>16</p>	<p>17 ~ATTENDANCE RECORDS DUE: FEB. 17 ~</p>	<p>18</p> 
<p>19 Create love bugs using toilet paper rolls, construction paper, googly eyes, glue, markers, pipe cleaners</p>	<p>20 Family Day Agency Closed</p> 	<p>21 Heart Toast– Toast bread. Next, using a large heart cookie cutter, encourage the children to make a heart out of their toast. Using clean paint brushes, paint the toast with food colored milk</p>	<p>22</p>	<p>23 Use balls, Frisbees, bean bags or paper plates. Put a laundry basket or large box outside at one end of the yard. Children start at the opposite side of the yard and throw their objects one at a time. They pick up their object where it lands & continue throwing.</p>	<p>25</p> 	
<p>26</p> 	<p>27 Fill the water table with shaving foam and add different colors of food coloring. Encourage children to explore it and mix colors.</p>	<p>28 Chart and learn to say “LOVE” in different languages.</p>	<p>29 Play follow the leader. Hop, skip, jump, crouch down low and then jump up high.</p>			



March 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1 2 3</p> <p>Terrarium: Cut bottom half of plastic pop bottle or use a wide mouth container with lid. Have child Put one inch of coarse sand, gravel, or pebbles. This is the drainage layer. Add a layer of Moss (optional), next have children add 3-4 inches of potting soil. Select the plants children would like to use. Remove from pot and gently separate a single plant. With a plastic spoon have child dig a small hole where the plant is to be placed. Plant the plant and ensure all the roots are in the hole. Fill hole with soil and tap gently. After planting add water. Slide top of bottle over the bottom. If it is too tight, make a small half inch slit on each piece and fit carefully.</p>					
4 	<p>5 6</p> <p>Magnetic experiment: If you have magnets stuck on your fridge create a mission, let the children look for things round the room that the magnet will stick too. (You can suggest things like wooden spoon, keys, door knob, etc)</p>		<p>7 Dried fruit taste test: 8</p> <p>Use both fresh and dried fruit of the same species, (grape / raisin, etc). Have the children taste each so they can see the similarities and differences between the two. Squeeze the juice out of the fresh fruit to allow them to see that the water is the main ingredient.</p>		<p>9 Infant/ Toddlers Lets talk parts:</p> <p>As the child learns and points to body parts, we can incorporate the body part conversation, for example "pick up the cracker with your hands or " let me wash your fingers now that your finished." As the child recognizes more body parts try to look for opportunities to use the body-part terms in regular conversation.</p>	
11 	<p>12 13 14</p> <p>Ice castles: Label containers with each child's name. Have each child pour water into the container (leaving room for the water to expand). Put 2 drops of food coloring into the water. Put containers inside over night (or in freezer if it is not cold enough). The next day pop the creations out of the containers. Place them inside in a container next to one another to form your "ice castle." Watch them throughout the day, and see what happens.</p>		<p>15 Static electricity:</p> <p>Comb child's hair with a plastic comb. Try to pick up small pieces of paper or tissue. Also put the comb near child's arm or head to see if the hair will stand on end. Try other small items, of different materials.</p>		<p>16 Attendance records due</p> 	
<p>18 19 20</p> <p>Have each child stand up and hold a piece of string up to their body. Measure the piece of string from the top of the child's head to the floor and cut the string. Use a piece of masking tape to label the string with the child's name by folding the piece of tape in half over the top of the string and writing the child's name on the tape. Help each child use a measuring tape to measure how long their string is. Let the child know that the number they measured on the measuring tape is how tall they are right now. If desired, write the measurement on the piece of tape.</p>		<p>21 Things that float: 22</p> <p>Give the children clear plastic containers filled with water and several objects. Explain that some of the objects will float and others will not float. First have the children guess if an object will float or not, then have them place the objects in the water one at a time to determine the results.</p>		<p>23 Literacy:</p> <p>The Very hungry caterpillar by: Eric Carle. That's not my puppy by: Fiona Watt. B is for bear by: Roger Priddy. Brown bear brown bear what do you see by: Bill Martin Jr.</p>		
<p>25 TELUS World of Science 26 27</p> <p>Discovery land Galaxy area for the enjoyment of children 8 years and under in 5 areas. Tot Galaxy: Toddler area, Infant care room: Special place for baby, Sky high: Roll playing area, Cloud burst: Discovery water-play area, and Blue sky: Creative play area. 11211 145 Street NW, Phone:780-451-3344 , info@telusworldofsciencemonton.com</p>			<p>28 Homemade Band: 29 30 31</p> <p>Chimes: Create chimes by filling the same type of glass with different amounts of water. Have children strike the glasses with a spoon to see how each has a different sound. Drums: Different sized pots of the same material can make different sounds when struck, as well as pots of different materials. Guitar: Wrap one thick and one thin elastic band around a shoebox or tissue box so that the children can achieve different cords. Maracas: Take a paper towel roll and tape one end closed. Fill the roll with rice, sand or small pebbles and close the other end. Shake away to a salsa tune.</p>			