

# CHILD DEVELOPMENT DAYHOMES OF ALBERTA

## FEBRUARY 2010

### Provider Feature: NAIMA

- Naima takes her children on regular field trips. Could be just a trip to the Grocery store or mall. Sometimes to the HUB for socializing or the library.
- The children enjoy the outing as does Naima.

Great job Naima!

### FIELD TRIP IDEAS:

Take the children to the nearest open field. Let them run, roll, and jump in the snow. Make snow angels and compare footprints. Play frozen tag, or dig "caves". Then walk back home to have some yummy hot chocolate!

**FEBRUARY** is:  
" Child Survey" &  
Parent Survey  
Month:



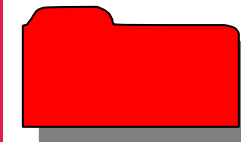
This child survey will document information on the children . It will cover their interests and their favorite things. Parent Survey's please fill out before the end of February and return to your Day-home Provider. Your Feed back is greatly appreciated.



Elianna

Happy 2nd Year Anniversary  
with CDDH! Cassandra  
Happy 1st Anniversary  
Khadija & Nathali

### Child Portfolio Checklist



For the month of February you should be filing a sample of your Child's Drawing. Don't forget to name and date your children's examples.

#### 1-2 yrs- Scribbling stage

Random scribbles begin at age one to two, but quite quickly take on shapes.



#### 3 years-The preschematic stage

First conscious creation of form occurs around age three



#### 4 years-The preschematic stage

At four or five, the child begins to tell stories



#### 6 years-The schematic stage

At this stage, there is definite order in space relationships: every-thing sits on the base line.





## Many Languages Many Cultures

**The Global Fund for Children** has developed an award-winning collection of books to teach children to value diversity and to grow into caring, productive citizens of the world. These books can help children develop the knowledge and skills that are necessary to work and live comfortably in a global society.

The development of each Global Fund for Children book is influenced by three guiding principles:

- to present positive images and stories of children;
- to promote cultural diversity; and
- to foster global citizenship.

These books integrate children's perspectives and inspire young readers to explore diverse cultures and global understanding. Children learn to respect differences as well as appreciate the values and oneness that bind us together as human beings.

For more information and to order books on-line go to

<http://bookstore.globalfundforchildren.org/>



## Health/Nutrition: Winter Safety

While it's important for your child to stay physically active in the winter, the colder months' mean special winter safety precautions.

**What to Wear: Winter Clothing and Gear** dress infants and children warmly for outdoor activities. Several thin layers will keep them dry and warm. Dress older babies and young children in one more layer of clothing than an adult would wear in the same conditions. Frostbite happens when the skin and outer tissues become frozen. This condition tends to happen on extremities like the fingers, toes, ears and nose. They may become pale, gray and blistered. At the same time, the child may complain that her skin burns or has become numb. If you suspect frostbite use the proper first aid techniques or contact your doctor.

## RECIPES

### Teddy Fruit Toss



#### What You Need:

- 3/4 cup plain nonfat yogurt
- 1 tsp. honey
- 1/2 cup assorted fresh fruit (blueberries, raspberries, halved strawberries, sliced nectarines)
- 6 *Teddy Grahams* Honey Cookie

#### **Make It**

**MIX** yogurt and honey in medium bowl.

**ADD** fruit; mix lightly.

**TOP** with *Teddy Grahams*.

**FEBRUARY 2010**

**GROSS MOTOR Activity :**

**Winter Outdoor Toys**

Winter outdoor activities include sledding, building with snow and helping an adult scoop snow. Age-appropriate sleds and toboggans provide fun outdoor activities. Smaller toys to mold the snow into shapes or press figures into the snow are inexpensive, yet useful. Snow shovels or large hand scoops give children the opportunity to lift and move snow as they wish.

**LITERACY:**

**IT IS SNOWING**

Tune: "Frere Jacques"



It is snowing, it is snowing,  
Falling down, falling down.  
Winter winds are blowing,  
Drifts are slowly growing,  
All around, all around.



**CDDH Open Mike Night!**

**Come and Meet Tammy and Sonia.**

**Feb17, 2011** Timberlea Hub

7:00 -8:30 P.M.

**ALL providers should attend** to meet the ladies that work with us in Edmonton. Review policies and procedures and have your questions answered.

**UPCOMING EVENTS**

**A New Decade of Caring For Children"**

**Early Learning and Child Care**

**2nd Annual Conference.**

**Saturday, March 19, 2011**

**Quality Hotel**

Presenting.....

Charlotte Diamond award winning children's musical Performer

Penny Detert with Developing Harmony, Early Childhood workshop specialist.

**19th Annual Caring That Counts 2011**

**Provider Conference**

Sat, April 9, 2011

Early Bird Registration prior to Mar 4, 2010

(Cristina will bring Registration information )

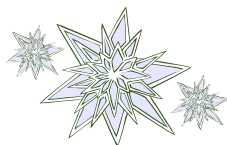
***Winter PLAY Carnival 2011***

***Celebrating our Climate, Culture, and People.***

**February 25 - March 6**

See [www.eventswoodbuffalo.com](http://www.eventswoodbuffalo.com)

For complete schedule of events!



Anna-Karin Engberg
















# February 2011












| Sun  | Mon  | Tue  | Wed  | Thu  | Fri  | Sat |
|--|--|--|--|--|--|-----|
|  |  | <p><b>1</b></p> <p><b>2</b></p> <p>Crayon Hearts– Heat oven to 250 degrees. Fill each mold in a heart shaped cookie/muffin tin with left-over crayon pieces. Bake them for 10-15min. Allow them to cool then color with your new multicolored crayons.</p> | <p><b>3</b></p> <p>H-E-A-R-T: (To the tune of B-I-N-G-O) “To show you like your special friends, just give them a heart. H-E-A-R-T, H-E-A-R-T, H-E-A-R-T, each heart says I like you.”</p>   | <p><b>4</b></p> <p>Using construction paper, reusable art supplies and crayons create homemade Valentines Day cards.</p>                 | <p><b>5</b></p>   |     |
| <p><b>6</b></p>     | <p><b>7</b></p> <p>Create Valentine photo frames with tongue depressors, paint, glue on various art supplies.</p>  | <p><b>8</b></p> <p><b>9</b></p> <p>Finger Print Hearts– Press your index fingers on a non-toxic stamp pad. Stamp V shaped hearts on paper by joining two finger prints at the bottoms.</p>   | <p><b>10</b></p> <p>Bring the children outdoors to a field of snow, in their snow suits. Encourage them to make snow angels.</p>   | <p><b>11</b></p> <p>With toddlers, create puffy hearts with cardboard hearts, various colored pieces of tissue paper and white glue.</p> | <p><b>12</b></p>  |     |
| <p><b>13</b></p>   | <p><b>14</b></p>   | <p><b>15</b></p> <p><b>16</b></p> <p>Dipped Chocolate Treats– Microwave chocolate until softened, stir in 2 tsp of salad oil. Encourage children to dip fruit and other goodies such as pretzels into their own chocolate dip.</p>                         | <p><b>17</b></p> <p>Read the book: Olive My Love by Vivian Walsh with the children.</p>  | <p><b>18</b></p> <p>Create love bugs using toilet paper rolls, construction paper, googly eyes, glue, markers, pipe cleaners.</p>        | <p><b>19</b></p> <p>~ATTENDANCE RECORDS DUE: FEB. 18 ~</p>   |     |
| <p><b>20</b></p> <p>Chart and learn to say “LOVE” in different languages.</p>                        | <p><b>21</b></p> <p>Family Day Agency Closed</p>   | <p><b>22</b></p> <p><b>23</b></p> <p>Heart Toast– Toast bread then using a large, heart cookie cutter, encourage the children to make a heart out of their toast and paint it using with food colored milk and clean paint brushes.</p>                    | <p><b>24</b></p> <p><b>25</b></p> <p>5 Little Valentines– 5 little Valentines were having a race. The 1st little valentine was frilly with lace. The 2nd little valentine made a funny face. The 3rd little valentine said, I love you. The 4th little valentine said, I do too. The 5th little valentine was sly as a fox. He ran the fastest to the valentine box.</p> | <p><b>26</b></p>                                    |  |     |
| <p><b>27</b></p>  | <p><b>28</b></p> <p>Fill the water table with shaving foam and add different colors of food coloring. Encourage children to explore it and mix colors.</p> |   |    |  |  |     |



# March 2011



| Sun  | Mon  | Tue  | Wed  | Thu   | Fri  | Sat  |
|--|--|--|--|---|--|--|
|  |  | <p><b>1</b></p> <p><b>2</b></p> <p>Salad Spinner Rainbow– Add paper to a salad spinner and encourage the children to drop drops of colored glue into the spinner on the paper. Have the children spin their own art to create their own rainbow of colors.</p> |  | <p><b>3</b></p> <p><b>4</b></p> <p>Make Puffy Paint– Mix equal amounts of flour, salt, water, and colored tempera paint. Pour mixtures into squeeze bottles and paint away. When the mixture dries, it will become puffy.</p> |  | <p><b>5</b></p>     |
| <p><b>6</b></p>     | <p><b>7</b> Create Coffee Filter Shamrocks– Using eyedroppers drip different colors of food coloring onto shamrock shaped coffee filters.</p>  | <p><b>8</b></p> <p><b>9</b></p> <p>Sing I'm A Little Leprechaun (To the tune of I'm A Little Teapot)- I'm a little leprechaun. Dressed in green the tiniest man that you have seen. If you ever catch me, so it's told, I'll give you my big pot of gold!</p>  |  | <p><b>10</b> Read: The Night Before St Patrick's Day by Natasha Wing.</p>   | <p><b>11</b> Create paper plate shamrocks using paint, small paper plates, popsicle sticks and tape.</p>   | <p><b>12</b></p>    |
| <p><b>13</b></p>   | <p><b>14</b> Go to a local playground and hide large laminated gold coins. Encourage the children to collect the coins in their own pails.</p> | <p><b>15</b></p> <p><b>16</b></p> <p>Create a Blarney Stone– Paint a clean rock. Allow to dry. Decorate your rock using glitter, crayons and various art materials and scraps.</p>   |  | <p><b>17</b></p>    | <p><b>18</b> Make Shamrock Shakes– 2 cups of lime sherbet, 1 banana, 1 cup of milk, 2 drops of green food coloring. Mix all ingredients in a blender then serve!</p> | <p><b>19</b></p>   |
| <p><b>20</b></p>  | <p><b>21</b> Mix green paint for toddlers. Lay out paper, stencils, sponges and cookie cutters for exploration.</p>                            | <p><b>22</b></p> <p><b>23</b></p> <p>Counting to five in Irish- 1-a h-aon (a hayun), 2- a do (a though), 3-a tri (a three), 4-a ceathair (a kahir - soft 'a'), 5-a chuig (a kooig)</p>   |  | <p><b>24</b></p> <p><b>25</b></p> <p>Create Ooey Goey Green Goop– Mix 1 cup of cornstarch and 1 cup of water in a bowl. Add a few drops of green food coloring. Place the goop in the water table. Allow for exploration.</p> |  | <p><b>26</b></p>  |
| <p><b>27</b></p>  | <p><b>28</b> With artificial leaves create leaf rubbings by using white paper and wax crayons.</p>   | <p><b>29</b> Lay out white paper, cotton balls, glue and crayons for children to create their own skies.</p>   | <p><b>30</b> Make Swamp Gunk– Mix 1 cup of white glue, 1 cup of water, green food coloring in a bowl. Dissolve 4 teaspoons of Borax in 1 1/3 cups of warm water. Mix mixtures and knead.</p> | <p><b>31</b> Dry Sand Paint– Mix 1/2 cup of sand, 1 teaspoon of powered paint. Mix up in a shaker. Shake on paper with glue.</p>  | <p><b>~Attendance Records Are Due On: 23rd</b></p> <p>~</p>  |  |