

CHILD DEVELOPMENT DAYHOMES OF ALBERTA

NOVEMBER 2011

Provider Feature:

ASHA- Encourages fine motor in her dayhome daily. The building of fine motor skills in children will enable them to perform a variety of important functional tasks. Children learn a variety of skills through her weekly programming. Children learn independence and have a sense of pride in their completed projects. Asha always displays their work for all to see, she is very proud of her children's accomplishments!



FIELD TRIP IDEAS: LIBRARY

The Fort McMurray Public Library offers many services for children at the library. There's not only a collection of books but also, board games, puzzles, educational game computers, Internet access, big screen movies and tours. There are a variety of classes children can participate in.

Go to fmpl.ca and plan a day at the LIBRARY!



Happy Anniversary with CDDH



Narinder 2 years

Nila 3 years



RUBY

Child Portfolio Checklist

For the month of **NOVEMBER** you should be filing a sample of your **Child's Paintings**.

Don't forget to name and date your children's examples.

Children of all ages love to paint. The great thing about painting with children is that each painting is truly a work of art to them... even if you can't tell what it is. As with most children's crafts, painting is more about the process and the learning than it is about the product.

- Finger paint is a great messy activity for older babies and toddlers. You can make painting more fun by providing tools for your little one to use to spread the paint. Craft sticks, large pieces of sponge and big chunky paint brushes are easy for babies to manipulate.
- If you are concerned about your child eating the paint and don't want to use commercial finger paints, you can make edible paint at home with a few simple ingredients. Instant vanilla pudding and food color, or instant Jell-O and water.

Marble Painting - Cut a piece of construction paper to fit in the bottom of a pie tin, tray, or similar container. Put a couple of drops of tempera paint on the paper. Gently roll a couple of marbles in the bottom of the pan (through the paint drops) to create the painting.

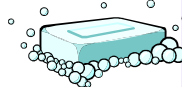


November is MESSY PLAY Month:

For adults, *messy play* can be a lot of work and feel stressful. However, there are many benefits to messy play. Don't be afraid of the mess. Roll up your sleeves and enjoy some messy play time with your little one.

Adults have an important role in messy play. They can support children as they learn from play experiences. There are several ways to do this. First, in addition to basic materials such as sand and water, clay and paint, adults can provide props to enhance play. Cups of different sizes, funnels, strainers, and tubes add variety to the water and sand tables. Dull knives and strings for cutting and objects for making imprints for clay and play dough experiences. Adults can change the messy materials as well to provide variety. Adding food coloring or soap to the water can add water play.

Finger-paint can be changed by adding flavoring or sand or salt to change the smell or texture of the paint. Adults can also encourage the hesitant child to try the materials. In addition, adults can ask questions and make comments to help children think about and discuss what they are doing. "What will happen if...?" or "Do you think...?" can encourage a child to take the next step toward learning. During messy play, children are developing eye hand coordination and fine motor skills. What looks like a mess on the surface is truly a learning experience for your child.





Many Languages Many Cultures



Alberta is fortunate to have a diverse cultural population. This diversity allows us the opportunity to learn more about different cultures and different outlooks on life.

Culture can be expressed through clothing, currency, music, dance, language, etc. There are several ways that you to bring in multiculturalism into your home. You can add the following to your existing collection.

Posters and pictures (representing people of different cultures, races, ages, gender, and abilities engaged in a variety of activities)

Posters and pictures (depicting nature, numbers, shapes, colors, alphabet, animals, science, etc .in different languages)

Photographs of children and their families

Music CDs or tapes (multicultural)- Story CDs or tapes (multicultural)

Dress up clothes, (hats, jewelry, scarves etc)

Maps from around the world– (you could indicate with markers where the dayhome children are from)

Health/Nutrition: Hand washing

Kids don't always listen when you tell them to wash their hands before eating, after using the bathroom, or when they come inside from playing. But it's a message worth repeating — hand washing is by far the best way to prevent germs from spreading and to keep your kids from getting sick. Be a good role model, kids often do as they see!



Hand Washing

Good hand washing protects against the spread of many illnesses - from the common cold (which is responsible for 22 million lost school-days each year) to more serious illnesses such as meningitis, flu, hepatitis A, and most types of infectious diarrhea.

Twinkle Twinkle Little Star
See how clean my two hands are
Soap and water, wash and scrub
Get those germs off, rub a dub
Twinkle Twinkle Little Star
See how clean my two hands are



RECIPES

Invite your child to plant these "Berry" delicious flowers on their plate.



Ingredients

- Banana
- Kiwi
- Raspberries or strawberries
- Licorice
- Mint leaves

Instructions

For the flower center, use a slice of banana or kiwi. Arrange raspberry or strawberry petals around it, then add a shoestring-licorice stem with real mint leaves

NOVEMBER 2011

GROSS MOTOR Activity:  **Everybody Loves a Parade!**

It's time to celebrate! And it doesn't matter what. Pull out the dress-up gear, whether it's old Halloween costumes, too-big clothing from mom and dad's closet or even silly hats and scarves and march around the house, banging pots and pans, waving flags and pulling dolls and toys in a wagon. Anything can serve as an accessory -- wooden spoons, feather dusters, even cans filled with coins or beans. Get everyone involved -- younger and older siblings and even pets for a day of fun. The key is to get the children up and moving about. Let the children take turns leading the parade, counting steps, clapping etc.

UPCOMING EVENTS

A New Decade of Caring For Children

3rd Annual Conference
November 5, 2011

Provider Workshop

Wed, Nov 16th 7:00—9:00
Timberlea HUB

Sensitive Interactions

With special guest- Shelly Janvier

Remembrance Day: Lest we forget
A day set aside to honor sacrifice.



Remembrance Day marks a day of remembrance and respect for those who fight or have fought for their countries, their communities, and their families. Nov 11, join Fort McMurray in remembering. Ceremonies held at Keyano College followed by a parade.

Child Development: **TURN TAKING**

Young children often find it difficult to wait for a turn to use a toy or participate in an activity they enjoy. To a three year old, even a one-minute long wait can feel like forever. Learning to take turns is an important skill that your child will need to learn to be most successful at home, child care and school.

The simple practice of taking turns involves lots of social and emotional skills. In order to take turns, children need to learn how to self-regulate, or control their desire to interrupt others. They also need to wait and listen. This takes patience, Learning to take turns does take practice, but it is not difficult to learn.

- Using games that require turn taking encourage children to wait their turn. Use timers, counting, music or provide other options while they wait.
- PRAISE them when they are successful at turn taking!



Celebrate National Child Day

November 20th - 2011

"The Right to the Enjoyment of the Highest Attainable Standard of Health"



"Make this a special day for your Child"

National Child Day
November 20

Frosty Frolics

Sunday Nov 20, 12:00 to 4:30

Fort McMurray Public Library

Friday, November 18
Silent Auction OPEN



Come join the Haxton center every Friday for Bonfire Night!












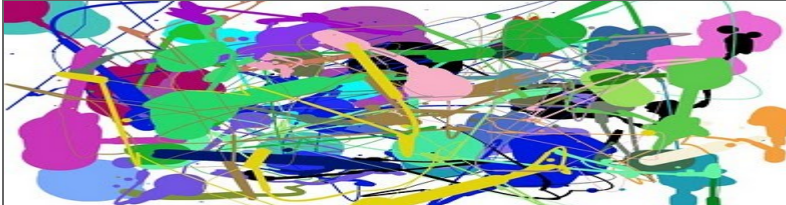
Enjoy roasted marshmallows, dinner, hot chocolate and games. All ages welcome, bring your stories, music and your friends! 6:30-8 pm

http://www.woodbuffalo.ab.ca/Living_2227/Recreation/RMWB-Programs.htm 780.799.1144 for more information



November 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Attendance Records are due: Nov. 23</p>  		<p>1 Navajo Native Sand Painting– Draw on construction paper with a popsicle stick dipped in glue. Pour some sand onto the glue using a spoon. Pick up the paper to shake off remaining sand and allow to dry</p>	<p>2 Go for a fieldtrip to the Reuse Centre. Encourage children to pick up reusable items to make their own creations!</p>	<p>3 Encourage children to explore clay using plastic forks and knives for sculpting</p> 		
	<p>7 For toddlers, place a large tub in a toweled area. Add lots of bubble bath to some water for bubble exploration!</p>	<p>8 Sing: I'm Bringing Home My Baby Bumblebee</p>	<p>9 Add some water and various shovels to the sand table for castle building</p>	<p>10 Fluffy Paint– Combine 2/3 cups of soap flakes, 1/3 cups of water and powdered paint and whip it until fluffy!</p>		
<p>13</p> 	<p>14 Cut up pieces of fruits– cantaloupe, kiwi, honeydew, watermelon.. And add berries for the children to stick on their own kabob sticks for a healthy snack</p>	<p>15 Place dirt, plastic worms, shovels and buckets in the sand table</p>	<p>16 Have a face painting party– In each small container mix 1tsp of cornstarch and 1/2tsp of cold cream. Add 1/2tsp of water and stir. Add one drop of food coloring. Paint faces with a small paint brushes</p>	<p>17 Fill ice cube trays with water and food coloring. Place popsicle sticks in each cube. Play the trays in the freezer. Once frozen, use as paint blocks</p>		
	<p>21 Bubble Blowing– Mix 3 cups of water, 1 cup of baby shampoo, 1/3 cup of ligh corn syrup for tearless bubbles. Blow bubbles outside using bubble wands</p>	<p>22 Add shaving foam, baking tins, spatulas to an empty water table</p>	<p>23 Read: Messy Baby by Felicity Brooks</p>	<p>25 Make moon dough– Mix 2 cups of sand, 1 cup of cornstarch. Add 1/2 cup of water. Work in water with hands</p>		
	<p>28 Colored Sand– Mix a jug of water with food coloring. Place sand in a messy tray. Add the colored water to cover the sand. Leave it to dry. Add a variety of jungle animals to the sand for play</p>	<p>29 Colored Sand– Mix a jug of water with food coloring. Place sand in a messy tray. Add the colored water to cover the sand. Leave it to dry. Add a variety of jungle animals to the sand for play</p>				



December 2011



Sun

Mon

Tue

Wed

Thu

Fri

Sat

**Attendance
Records
are due:
Dec. 16**



1 Buy a chocolate advent calendar where children can open a window each day leading up to Christmas and receive a tasty treat!

2 Sing: "Eensy Weensy Spider"



5 Make ginger bread houses using ginger bread cookies, colored frostings and a variety of candies.

6 Liquid Melodies: Fill different-sized jars and glasses with water. Use a spoon and listen to the different sounds they make!

7 Play the card game "Pairs" - Place 8 cards facedown and take turns selecting 2 cards. If they match you keep them.

8 Nursery Rhyme: "Pat-a-cake, pat-a-cake, baker's man. Bake me a cake as fast as you can; Pat it and prick it and mark it with B, Put it in the oven for baby and me."

9 Easy Lemonade:
1 cup water
1 cup sugar
Juice from 4-6 lemons
4 cups of water



12 Create an indoor snow fort. Drape blankets over scattered furniture. Place blankets, pillows and books under the fort to create a comfortable and quiet play space.

13 Go to the neighborhood hills and fields and go tobogganing/crazy carpeting.

14 Make candy cane heart picture frames by gluing two candy canes on red construction paper in the shape of a heart. Trim the excess paper around the candy canes. Print out pictures and glue them into the frame.

15 Build a snowman in the front or back yard

16 Messy Play: Put snow in a baby bath tub and have the kids play with the snow indoors!



19 Candy cane cupcakes. Unwrap six small candy canes and place inside a plastic bag. Let kids use a rolling pin to crush candy canes into small pieces. Help your kids make cupcake batter according to the directions on a box of cake mix. Add 2 Tbsp of crushed candy canes into the batter.

20 Trace the children's hands. Cut them out and stick to paper headband. Children can decorate their reindeer headbands

21 Read "Clifford's Christmas" (The big red dog) by Norman Bridwell

22 Arrange 4 popsicle sticks to make a snowflake. Glue sticks together and add sparkles.

23 Make a cotton ball snowman. Glue cotton balls onto a white paper plate. Cut and glue a hat, eyes and nose using construction paper.



26 **Boxing Day**
~Agency Closed~



27 Statutory holiday in lieu of Christmas Day
~Agency Closed~

28 Trace the children's hands. Cut them out and stick to paper headband. Children can decorate their reindeer headbands

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