

CHILD DEVELOPMENT DAYHOMES OF ALBERTA

OCTOBER 2011

Provider Feature: Elianne:

Elianne joined CDDH at our latest workshop, and picked up some great items for her dayhome.

The children used their creative imagination to go "grocery shopping."

GREAT JOB!!



FIELD TRIP IDEAS:



Take the children to pick their own pumpkin.

Use this as an opportunity to educate them on several different areas. They can learn about history of Halloween, Halloween around the world, size, shape and colors, recipes using pumpkins, how to carve pumpkins, and safety and tips for Halloween night.

Happy Anniversary with CDDH

Marylee—1 Year

Rehana- 2 Years

Seema- 3 Years



Bhavna

Child Portfolio Checklist

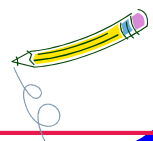
For the month of **OCTOBER** you should be filing a sample of your **Childs Drawings**.

Don't forget to name and date your children's examples.

Teaching kids how to hold a pencil correctly is important to prevent the development of a poor pencil grip. The poor grip may impair the child's ability to write smoothly and correctly. A common problem for all kids beginning to write is gripping the pencil too tightly, making writing hard. Usually the child learns to relax her grip as writing develops.

Ask your child to grasp the pencil in dominant hand with the tips of their thumb, index and middle finger. This is called tripod grip. The tripod grip allows kids to write easily and helps for fine work, and drawing. Drawing motivates kids to write and strengthens the pencil skills. Grip also avoids physical problems of the hand and wrist.

Practice everyday for few minutes and slowly increase the timeline.



October is DRAMATIC PLAY Month:



A young child's family and home are the biggest part of his or her world. The imitation of what happens there and in the world around them is the central focus of how children play. Children act out and explore the lives of people by acting out their work, their feelings, and their words.

Through Dramatic Play children benefit socially, physically, intellectually, and emotionally. As children play out the situations in their lives (or in their pretend lives), they are met with situations they do not understand. As they approach the situations and attempt to make sense of them in the context of their own lives, they practice problem-solving skills and build new knowledge. Children grow physically as they rearrange (gross motor) the large elements (table, chairs, and cradle) of the interest area and as they manipulate (fine motor) contents (food boxes, dolls, clothes, and hats) of the interest area.

OCTOBER 2011



Many Languages Many Cultures



As one of the world's oldest holidays, Halloween is still celebrated today in several countries around the globe, but it is in North America and Canada that it maintains its highest level of popularity. Every year, 65% of Americans decorate their homes and offices for Halloween.

- S** words, knives, and similar costume accessories should be short, soft, and flexible.
- A** void trick-or-treating alone. Walk in groups or with a trusted adult.
- F** asten reflective tape to costumes and bags to help drivers see you.
- E** xamine all treats for choking hazards and tampering before eating them. Limit the amount of treats you eat.
- H** old a flashlight while trick-or-treating to help you see and others see you.
- A** lways test make-up in a small area first. Remove it before bedtime to prevent skin and eye irritation.
- L** ook both ways before crossing the street. Use established crosswalks wherever possible.
- L** ower your risk for serious eye injury by not wearing decorative contact lenses.
- O** nly walk on sidewalks or on the far edge of the road facing traffic to stay safe.
- W** ear well-fitting masks, costumes, and shoes to avoid blocked vision, trips, and falls.
- E** at only factory-wrapped treats. Avoid eating homemade treats unless you know the cook well.
- E** nter homes only if you're with a trusted adult. Otherwise, stay outside.
- N** ever walk near lit candles or luminaries. Be sure to wear flame-resistant costumes

Health/Nutrition: Too much sugar

Halloween can be a great time for kids. There seems to be candy everywhere! In the stores, at home, and especially on Halloween night when they go out Trick or Treating. The health risks of too much sugar is well documented. It rots your teeth, causes obesity, it can also make kids hyperactive and lead to diabetes later in life. If your child collects lots of candy on Halloween night, then get them to put some away. You could allow them to put it in a jar and eat a certain amount each week, but you should make sure that this is instead of, not in addition to, the candy they would normally be given. You could also start a system of swapping candy for other treats. Each piece of candy could be exchanged for stickers, or the whole lot could be exchanged for a visit to the movies or other destination. You'll have to be strong and dispose of the candy, or you'll end up eating it yourself! Yes, [Halloween candy](#) IS bad for kids, but there are lots of ways of minimizing the damage.



RECIPES

Pumpkin Seed Brittle

1/4 cup unsalted butter

1/2 cup organic, raw brown sugar

1/4 cup honey

1cup toasted pumpkin seeds

Directions: Spray a rimmed baking sheet with a non-stick spray. Melt the butter in a saucepan. Stir in the sugar and honey, bringing it to a boil. Cook the butter mixture, without stirring, until it is a medium amber color. When the mixture reaches 280°, stir in the pumpkin seeds. Continue to cook until it reaches 300°. Pour mixture onto the baking sheet. Let brittle cool completely, then break into pieces.

Store in an air-tight container for up to a week.

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GROSS MOTOR Activity:**Pumpkin Bowling**

Choose smallish pumpkins with short stems (depending on the ages of your party guests). Set up 1- or 2-liter [plastic bottles](#) and tape off a starting line for an instant bowling alley. Fill the bottles with a bit of sand or rice if they topple over too easily. You can also have kids decorate the bottles.

Musical Pumpkins

Cut pumpkin shapes from construction paper and arrange them on the floor; kids must move from pumpkin to pumpkin while music plays, just like in musical chairs. To keep kids from being excluded, allow them to share pumpkins as you remove a pumpkin for each round. By the end of the game, all the kids have to squeeze onto one spot.

Child Development: TRANSITIONS

A transition is a change from one situation or activity to another. These can be arrival and departure, clean up, getting ready to go outside, getting ready for nap time or lunchtime

Usually when you're transitioning, you should give the child fair warning. Make them aware of what they should expect. Prepare them for what's coming up next. For consistency you have to do what you said you're going to do. It helps them build a sense of routine.

Transitions need time - they shouldn't be too abrupt. If you expect a child to end an activity suddenly and quickly, then you'll likely experience negative behavior.

If the children know what to expect the day runs smoother and with less challenges.

***A New Decade of Caring
For Children***

3rd Annual Conference

**Early Learning and
Child Care Conference
November 5, 2011
Quality Inn
Fort McMurray**

**Please register ASAP , registrations
can be sent to the agency.**

UPCOMING EVENTS**Road Safety Wood Buffalo**

@ We Love Winters Here.

Saturday, October 22nd

Keyano College Tech Centre,

1:00-4:00.

Presentation on winter driving and lots of take-home information on how to drive safely this winter.

More info at 780-743-0006.

Fire Prevention Community Kick-off Event

October 8 at MacDonald Island

Join Regional Emergency Services, Fire Prevention Branch and a variety of Mutual-aid fire departments at MacDonald Island to learn how your family can stay fire safe. Free BBQ, Fire Department vehicle displays, Sparky the Fire Dog, Activities for children and adults, Loot bags and prizes, Chance to meet local firefighters. For more information, please call 780.792.5504 or visit www.woodbuffalo.ab.ca/

October's upcoming Provider Workshop***Getting Active in Your Dayhome***

October 19, 2011

The HUB Timberlea 7-9pm

With special guest Christina Dauphinee, BPE
Be Fit For Life Coordinator
From Keyano College Sport & Wellness



October 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	3 Supply buckets of soapy water, spray bottles and cloths for the children to have a car wash, cleaning their large bikes/cars	4	5 Read: "Henry's Amazing Imagination" by Nancy L. Carlson	6	7 Set out envelopes, stamps, stamp pads, paper and pens for the children to create their own mail. Write a letter with the children, visit a near by post office and mail the letter to the Dayhome	
	10 Happy Thanksgiving	11 Make play dough with the children. Set up plastic knives, rolling pins, muffin trays, cookie cutters and cookie sheets	12	13 Plan out lunch and snacks for the day. Go through flyers and construct a grocery list with the children. Go for a trip to a local grocery store to collect the items and prepare lunch and snacks together.	14	
	17 Set up rollers/different colored paint. Paint a large box to create a barn. Allow the barn to dry and cut a hole for a door. Then set it up with shredded paper as hay and farm animal costumes for the children to dress up with.	18	19 Create paper bag puppets using brown paper bags, glue, scissors, markers, scrap art materials/paper	20 Sing: "I am a pizza" by Charlotte Diamond	21 Using paper, stencils and pencil crayons, create library cards, set up a quiet space with books to "check out" with the cards. Then go for a trip to a local library.	
	24 Have a pajama day! Set up a tent, put pillows, blankets, and books inside of it, and camping accessories such as lanterns, flashlights, etc. Make Smores- Chocolate, graham crackers, marshmallows.	25	26 Set up mirrors and multicultural dress up clothes. Play music from different countries and have a fashion show.	27 Have a beach day! Set up a kiddo pool in the kitchen with water toys. Have the children bring their swim suits. Set up the sand table with wet sand and sand moulds for the children to explore. Lay out towels on the floor and books.	28	
	31 					*ATTENDANCE RECORDS ARE DUE: October 21