

CHILD DEVELOPMENT DAYHOMES OF ALBERTA

DECEMBER 2011

Provider Feature: Narinder

"Narinder has made the Dayhome experience fantastic. It is a very difficult experience leaving your child in someone else's hands, but she made the transition very easy and stress free for my husband and I. She has so much love for the kids and I could tell that from the first time I met her. She has taught Koltyn so many things and he has learned so much from being with her. He has so much fun there with her and the other kids. I would like to give a huge thanks to her for taking such good care of Koltyn and making the experience great."

"I just wanted to let you know that Narinder if by far is the best care giver I've experienced. I would certainly like to send her a bouquet. My son loves going there, and she takes the time to do crafts with them, provide rewards for them, and takes them on field trips. Finding a good childcare giver is hard, and I couldn't be happier with Narinder. Makes my life much less stressful knowing he's in good hands. Thanks."

If you would like to acknowledge your Provider with a bouquet email
cristina@childdev.com



FIELD TRIP IDEAS:

A trip out to **Dunvegan Gardens** is always a terrific way to get into the holiday spirit to start your Christmas season. The children will be delighted with the marvelous seasonal displays!

128 Garden Lane - off Draper Road



December is *open ended*

Holiday arts and crafts



Open-ended art activities are activities that do not have to be done in a certain manner, or end in the same result as the other children. This means that the children are free to follow whatever idea catches their fancy, and create a work of art that has meaning to them personally. Use open-ended art activities to foster independence and self-esteem in your preschool-age children.

Some great open ended activities are:

Painting,, Clay-Play dough, Collages, Self portraits

Child Portfolio Checklist

For the month of **DECEMBER** you should be filing a sample of your Child's

"Cutting / Ripping"

Don't forget to name and date your children's examples.

- During actual scissor practice, (i.e., cutting activities), encourage the children to cut with "thumbs up". The child should not be holding their thumb toward the floor while cutting
- At first, it may be hard for the child to maneuver both the paper and the scissors at the same time. Try helping them by holding their hand on the paper for them while they get scissor practice by snipping with the scissors. However, don't encourage them to use two hands to maneuver the scissors; this does not help them develop the appropriate skills.
- Instead of having the children cut across a regular sized whole piece of paper, give them a smaller piece of paper and have them snip



- Try having the children cut play dough with the play dough scissors; it's a great scissor practice activity.



Many Languages Many Cultures



The beauty of celebrating holiday traditions in Canada is celebrating Holidays in the spirit of your family roots. Holiday traditions in Canada bring families together in a grand celebration. With the diverse ethnicity of cultures in Canada, there is a variety of ways ethnic groups celebrate Holiday traditions. It is always interesting to see the innocent expressions of our children enjoying Holidays and learning the true meaning of the Holidays. Share your traditions with your dayhome children and parents.

We sincerely hope your Holiday traditional memories are cherished and enjoyed by all!

Happy Anniversary
2 years with
CDDH!

Bishnu

Congratulations!

Happy
Birthday

Gloriann

&

Hafida

RECIPES



JET-PUFFED Snowman

- White decorating icing
- Jet-Puffed Marshmallows
- Oreo Cookies
- Decorating gel
- Pretzel sticks
- Red string licorice

SPREAD icing on end of 1 marshmallow; place icing-side down on top of cookie. Spread icing on both ends of another marshmallow and stack it on the first. Top with a third marshmallow to make the snowman.

USE decorating gel to draw the eyes, nose and mouth on top marshmallow.

INSERT 2 pretzels into middle marshmallow of snowman for the arms. Cut a 6-inch length of licorice and tie around neck for a scarf.

Jazz It Up

Insert *Jet-Puffed* Miniature Marshmallows onto end of the each pretzel stick for mittens and/or make earmuffs using an additional small red licorice piece and 2 additional miniature marshmallows.

Health/Nutrition: TEETH-



Start teaching your kids early about oral hygiene so they will develop excellent habits that will take them throughout their lives. Brush and floss your children's teeth until they are 6 or 7 years old, and then when they're ready, teach them how to brush and floss their teeth on their own. It's a good idea, however, to continue supervising their daily mouth care for a few more years. Take your children to the dentist for regular checkups and cleanings, where they will also learn the benefits of good oral hygiene.

Dentists don't recommend candy canes in excessive amounts. If you eat them, be sure to brush your teeth properly that night and floss as well. You'll want to make sure that no bits of candy cane are stuck to your teeth afterwards cause this can lead to cavities. I'd advise just sucking on them and not chewing, this way it won't get stuck in your teeth.



DECEMBER 2011

GROSS MOTOR Activity :



BALL WALK- Large Ball

Using both hands together, but moving them in a walking motion, they must "walk" the ball up the wall until the centre of the ball is just above shoulder level.

Shoulder exercises work on strengthening the muscles of the shoulder girdle. Strong shoulder muscles are

Child Development: GUIDING TODDLER'S BEHAVIOURS

Corrective Teaching is responding to a child's behaviors by stopping the inappropriate behavior, and then teaching, and practicing appropriate behaviors.

Consequences help shape appropriate behaviors in children and teach them what happens as a result of inappropriate behavior or choices. In a child care environment consequences must always be naturally and/or logically occurring.

"A child seldom needs a good talking to as a good listening to."

~Robert Brault~

UPCOMING EVENTS

3rd Annual Kaos Family Skate

Sunday afternoons from 2:30-4:30pm

at MacDonald Island Park. **FREE**

great music, coffee, hot chocolate, and prizes! kids under 16 need a helmet.

This amazing Family Event! See you there!

Here are a list of dates for the Kaos Family Skate 2011/2012 Season:

- December 4th, 11th, 18th
- January 8th, 29th
- February 12th, 19th, 26th
- March 4th



Worldwide Candle Lighting

Light a candle for all children who have died....

that their light may always shine



Where: Father Mercredi High School

Date: December 11, 2011

Time: 6:30pm – 8:00pm

Hot Chocolate and music provided. Bring pictures, remembrances, signs to commemorate the life you will be remembering.

Musical Family Christmas

Dec 6-7:30pm - 9:30pm

The Father Mercredi Music Department in collaboration with Santa's Anonymous is presenting an evening of musical entertainment. The Bands and Choir from Father Mercredi will perform a concert for the public. Donations will be accepted at the door for Santa's Anonymous. Come bring your friends and family.

Meet @ THE HUB Family Resource Centre..... Timberlea for some Holiday Celebration

Dec 09- 1:00—3:00

Christmas Carols with Santa

&

Dec14- 1:30—3:00

Meet n Greet Christmas Exchange



CHRISTMAS OFFICE HOURS

Dec 26- CLOSED

Dec 27- CLOSED

Dec 31 -8:30 am—12:00 pm

Jan 02- CLOSED



December 2011



Sun

Mon

Tue

Wed

Thu

Fri

Sat

**Attendance
Records
are due:
Dec. 16**



1 Buy a chocolate advent calendar where children can open a window each day leading up to Christmas and receive a tasty treat!

2 Sing: "Eensy Weensy Spider"



5 Make ginger bread houses using ginger bread cookies, colored frostings and a variety of candies.

6 Liquid Melodies: Fill different-sized jars and glasses with water. Use a spoon and listen to the different sounds they make!

7 Play the card game "Pairs" - Place 8 cards facedown and take turns selecting 2 cards. If they match you keep them.

8 Nursery Rhyme: "Pat-a-cake, pat-a-cake, baker's man. Bake me a cake as fast as you can; Pat it and prick it and mark it with B, Put it in the oven for baby and me."

9 Easy Lemonade:
1 cup water
1 cup sugar
Juice from 4-6 lemons
4 cups of water



12 Create an indoor snow fort. Drape blankets over scattered furniture. Place blankets, pillows and books under the fort to create a comfortable and quiet play space.

13 Go to the neighborhood hills and fields and go tobogganing/crazy carpeting.

14 Make candy cane heart picture frames by gluing two candy canes on red construction paper in the shape of a heart. Trim the excess paper around the candy canes. Print out pictures and glue them into the frame.

15 Build a snowman in the front or back yard

16 Messy Play: Put snow in a baby bath tub and have the kids play with the snow indoors!



19 Candy cane cupcakes. Unwrap six small candy canes and place inside a plastic bag. Let kids use a rolling pin to crush candy canes into small pieces. Help your kids make cupcake batter according to the directions on a box of cake mix. Add 2 Tbsp of crushed candy canes into the batter.

20 Statutory holiday in lieu of Christmas Day
~Agency Closed~

21 Read "Clifford's Christmas" (The big red dog) by Norman Bridwell

22 Trace the children's hands. Cut them out and stick to paper headband. Children can decorate their reindeer headbands

23 Arrange 4 popsicle sticks to make a snowflake. Glue sticks together and add sparkles.



26 **Boxing Day**
~Agency Closed~

27 Statutory holiday in lieu of Christmas Day
~Agency Closed~

28 Trace the children's hands. Cut them out and stick to paper headband. Children can decorate their reindeer headbands











29 Make a cotton ball snowman. Glue cotton balls onto a white paper plate. Cut and glue a hat, eyes and nose using construction paper.





January 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1. </p>	<p>2 Statutory Holiday (In lieu of New Years day) Office closed</p>	<p>3 Play follow the leader in the snow, step in each others foot tracks</p>	<p>4 Place several items on the floor. Cover with a small blanket. Remove one item. Which one is missing?</p>	<p>5 Hibernation: Make a cave or den using pillows and blankets, the children can wear their pajamas. Encourage them to bring their favorite stuffed animal.</p>	<p>6</p>	<p>7 </p>
<p>8 </p>	<p>9 Make cards with left over wrapping paper</p>	<p>10 Frosty Treasure Hunt: Before your kids head outdoors to build a snowman hide all the accessories they'll need to assemble their Frosty. The kids must collect all the pieces. They'll love hunting down the treasures you've hidden. Give them clues or a treasure map to follow!</p>		<p>11</p>	<p>12</p>	<p>13 Mitten puppet making: Use mismatched mittens to create puppets.  </p>
<p>15 </p>	<p>16 Snowflake cutout: use a round coffee filter. Fold and cut small holes.</p>	<p>17 Play musical hugs: When the music stops, hug a friend. Start dancing when the music starts again.</p>	<p>18 Have a winter picnic. Take a thermos and mitten friendly food outside.</p>	<p>19 Place snow in a water table or bin. Encourage toddler to spoon into dishes. Watch it melt.</p>	<p>20 Read 50 below Zero by Robert Munsch.</p>	<p>21 </p>
<p>22 </p>	<p>23 Make Hockey sticks out of wrapping roles. Add some colored tape.</p>	<p>24 Attendance records due </p>	<p>25 Edible snow: Freeze small portions of juice, put in blender until well crushed. Serve in small bowls</p>	<p>26 Snow globes: Wash and dry a baby food jar completely, including the lid. Attach a figurine to inside of jar lid using hot glue gun. Fill jar with water to within 1/2 inch (1 cm) of top. Use cold water, warm water tends to cloud. Sprinkle 1/2 teaspoon of glitter, into water. Using hot glue gun, line inside of lid with glue. Insert figurine in water and screw on lid. Decorate the lid rim with ribbon or use colored felt Glue on buttons, use stickers, or personalize your globe by writing your name in glue and sprinkling with glitter. You may also paint the lid rather than use ribbon or other embellishments. The possibilities are endless.</p>	<p>27</p>	<p>28</p>
<p>12 </p>	<p>30 Spider snack: 1 babybel cheese, 4 small pretzel sticks raisins. Unwrap cheese, break pretzel and insert to make spider legs. Add 2 raisins for eyes. Kids will love to help create this healthy snack.</p>					