CHILD DEVELOPMENT DAYHOMES

February 2011

www.childdev.com

February "Fun with Science" Workshop

February 8: 9:30—11:30 am

11015 134 Avenue

Join us for a fun morning of science activities for all ages.
Providers, children, and parents are encouraged to attend

RSVP to 780-444-2288

March "Open Ended Art" Workshop

Grandin Clubhouse: 5 Grenfell Avenue, St. Albert

Date and Time To be Announced!

19th Annual Caring That Counts 2011 Provider Conference Living Colours and Colourful Lives

Saturday, April 9, 2011

Radisson Hotel (Edmonton South)

4440 Gateway Boulevard

Early Bird Registration Due March 4, 2011: $100

Regular Registration after March 3, 2011: $125

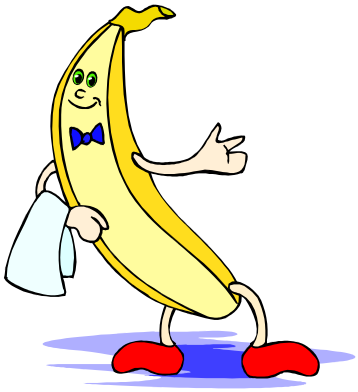
Give registration forms to your consultant or fax office at 780-444-2277

Double Decker Banana Cup by Provider: Susan Frankfurth

Prepare 1 package (4 servings) Jello instant vanilla pudding.

Reduce milk to 1 cup (250 ml) add in 1 cup (250 ml) thawed Cool Whip Light

Divide half of the pudding mixture among 4 desert dishes; top each dish with 1 teaspoon (5ml) graham crumbs and $\frac{1}{4}$ banana



I make 2 recipes for the children. I like to get them involved and have them help. They like to have this for a snack or eat it as desert after a meal!

Provider Spotlight—Carol Lai

Carol Lai has been with Child Development Dayhomes since March 2008. Carol is a very warm and loving person who treats all of the children like they are part of her family. She has her Level 3 in Early Childhood Education and continually seeks new training opportunities. Everyday Carol and the children sit down for circle time and sings songs, read books, tell stories and play games. Every month when I visit the children can't wait to sing the new songs they have learned and teach me all of the new games. All of the families in Carol's home are actively involved in their monthly field trips and plan new and exciting things to do together. Every Christmas, Carol plans a Christmas Party for all of the children and families to attend. This year I am very happy to have had the chance to be a part of their Christmas Party at Chuck E Cheese. Carol invited all of the children and their families to partake in games, songs, lunch and a gift exchange game for the children. Carol we are so happy to have you as a part of our agency. Thank you for all of your hard work!

Outdoor Activity Winner:

Dolores Squires

First Aid in Child Care:

Feb 26 & 27

First Aid in Child Care Recertification Course:

Feb 12

The very least you can do in your life is to figure out what you hope for. And the most you can do is live inside that hope.
-Barbara Kingsolver

Congratulations!

Family Child Care Training Program Graduates:

Fawn Hall

Ragini Seemrith

Cool Resources

http://www.projectapproach.org/
"green" activities
http://www.makingfriends.com/index.htm
Good website for activity suggestions and lots of Multicultural ideas too!

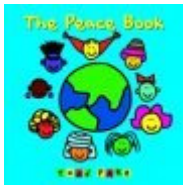
Congratulations!

To the following providers celebrating their Anniversaries with Child Development Dayhomes in the month of February

Debbie Doyle	5 years	Jenni Vanderwoude	2 years
Amerta Maitlo	2 years	Erin Ostapovich	1 year
Romana Qureshi	2 years	Rukshana Panhwer	1 year
Tafseer Sayeda	2 years	Lindsay Villetard	1 year

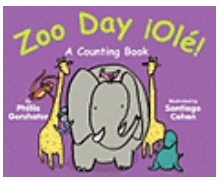
Multicultural Activity

The Peace Book, Todd Parr



Have you ever wondered how to explain the concept of peace to a little one? Parr uses childlike pictures and descriptions to do an excellent job of explaining peace on a child's level.

Zoo Day ¡Olé!: A Counting Book, Phillis Gershator



Two children visit the zoo with their Abuelita (grandma) who counts everything she sees in Spanish.

My Nose, Your Nose, Melanie Walsh

This book is a celebration of how we are all unique and different, but also the same. Agnes has blue eyes and Kit's are brown. Arthur has gray eyes and Daisy's are green. But… they all close their eyes when they go to sleep. And so do you!

Toddler Activities by Provider: Sabra Tirmizi

<u>Outside</u>: Make a rainbow on the snow.

Material: Spray bottle, food coloring

Directions: Take children outside in the backyard, add water and food coloring in spray bottles, shake bottles to mix water and color, spray color on the snow in a rainbow pattern.

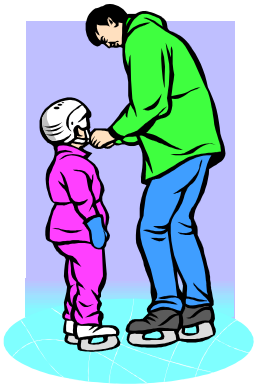
<u>Inside</u>: Ball Painting

Material: paper plate, small balls, different color paints

Directions: Add paint in a plate and put some balls on top of the paint in the plate. Ask children to shake the plate so that balls roll around in the plate. The paint will stick on the surface of the balls. Ask children keep rolling until whole surface of the balls are covered.

Active Albert's

Pubic Skating 7:00—8:00 pm
Every Wednesday
Kinex Arena



Bellerose High School Musical Theatre presents: "Annie"
February 16, 17 & 18—Arden Theatre
Tickets: $15.00
780-460-8490

February Field Trip Ideas

Indoor Playground & Kin Kids Fitness Centre (ages 0-6)

The Indoor Playground is located in the Kin Kids Fitness Centre on the first floor of the Kinsmen Sports Centre. Explore a world of play with your preschooler. Enjoy our drop-in indoor playground where children can climb, slide, balance, and roll in a spacious room full of tyke-sized play equipment.

Winter Session Hours
Mondays and Thursdays: 11:30 am—4 pm
Tuesdays: 11:30 am—8 pm
Wednesdays: closed
Fridays: 8 am—8 pm
Saturdays and Sundays: 12:30 pm—8 pm

Jumpy Things Inflatable Playground (ages preschool—12)

Let your kids bounce off the wall! Bring your kids to the Kinsmen Sports Centre and let them jump off some energy in the new Jumpy Things Inflatable Playgrounds. Safe jumpy fun!

Hours: March—April 23, 2010
Monday—Friday: 9 am—2:30 pm
Drop-in; regular admission applies
more info at www.edmonton.ca

YOU ARE INVITED to participate in the Parent-Child Engagement Project!

Do you have a child between 30 and 42 months old?

We are interested in how parents (moms & dads) play with their children to encourage healthy social & emotional development.

If you would like more information or want to be involved, please contact us!

Christina Rinaldi or Karen Cook

(780) 492-5624

sedev@ualberta.ca

UNIVERSITY OF ALBERTA

Health Canada Announces New Phthalate Regulations for Children's Toys

Health Canada has announced new regulations that will restrict the allowable concentrations of phthalates in the soft vinyl of all children's toys and child care articles.

Phthalates are a family of chemicals commonly used as plasticizers. Phthalates are added to vinyl plastic to make it both soft and flexible.

Research shows that phthalates may adversely affect reproduction and development. These new regulations will ensure that children's toys and child care articles imported, sold or advertised in Canada do not present a risk of phthalate exposure to young children.

The mere presence of phthalates in the soft vinyl does not equate to a health risk. For example, touching or licking soft vinyl does not constitute a health risk. It is the amount of phthalates that leach out of the soft vinyl and migrate into the body that can be harmful. Phthalates leach out of soft vinyl during periods of sustained mouthing action (sucking and chewing) that occurs on a daily basis, and migrate into the body through the saliva.

Health Canada advises parents and caregivers to monitor their children's use of soft vinyl toys and to remove these products from the child's environment if they observe the child sucking or chewing on them for extended periods.

http://www.hc-sc.gc.ca/ahc-asc/media/nr-cp/_2011/2011_07fs-eng.php

Play Space Creation Visits!

Did you know…..

Child Development Dayhomes has specific visits designed to help create the 5 play spaces in your dayhome?

Contact Cheryl Latte: 780-444-2288. She will come and help you create a child friendly play space that will help the children in your home stay busy, active and engaged in child directed play.

Music and Language

In her **Exchange** article "Early Brain Development Research Review and Update ," Pam Schiller notes new thinking on the link between music and language…

"Linguists, psychologists, and neuro-scientists have recently changed their long held opinion about the relationship between speaking and singing. The latest data show that music and language are so intertwined that an awareness of music is critical to a baby's language development. As children grow, music fosters their communication skills. Our sense of song helps us learn to talk, read, and even make friends.

"Brain areas governing music and language overlap. Music and language have much in common. Both are governed by rules and basic elements (word and notes). In language, words make phrases, which combine to make larger phrases and eventually sentences. In music, notes combine and grow to form a melody.

"The neurological ties between music and language go both ways; a person's native tongue influences the way he perceives music. The same progression of notes may sound different depending on the language the listener learned growing up. Speakers of tonal languages (most Asian languages) are much more likely than Westerners to have perfect pitch. All languages have a melody that is unique. Infants echo the inherent melodies of their native language when they cry, long before they speak."

February 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	**2**	**3** H-E-A-R-T: (To the tune of B-I-N-G-O) "To show you like your special friends, just give them a heart. H-E-A-R-T, H-E-A-R-T, H-E-A-R-T, each heart says I like you."	**4** Using construction paper, reusable art supplies and crayons create homemade Valentines Day cards.	**5**
6	**7** Create Valentine photo frames with tongue depressors, paint, glue on various art supplies.	**8**	**9**	**10** Bring the children outdoors to a field of snow, in their snow suits. Encourage them to make snow angels.	**11** With toddlers, create puffy hearts with cardboard hearts, various colored pieces of tissue paper and white glue.	**12**
13	**14**	**15**	**16**	**17** Read the book: Olive My Love by Vivian Walsh with the children.	**18** Create love bugs using toilet paper rolls, construction paper, googly eyes, glue, markers, pipe cleaners.	**19** **~ATTENDANCE RECORDS DUE: FEB. 18 ~**
20 Chart and learn to say "LOVE" in different languages.	**21** Family Day Agency Closed	**22**	**23**	**24**	**25**	**26**
27	**28** Fill the water table with shaving foam and add different colors of food coloring. Encourage children to explore it and mix colors.					

5 Little Valentines– 5 little Valentines were having a race. The 1st little valentine was frilly with lace. The 2nd little valentine made a funny face. The 3rd little valentine said, I love you. The 4th little valentine said, I do too. The 5th little valentine was sly as a fox. He ran the fastest to the valentine box.

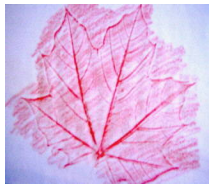
Crayon Hearts– Heat oven to 250 degrees. Fill each mold in a heart shaped cookie/muffin tin with left-over crayon pieces. Bake them for 10-15min. Allow them to cool then color with your new multicolored crayons.

Finger Print Hearts– Press your index fingers on a non-toxic stamp pad. Stamp V shaped hearts on paper by joining two finger prints at the bottoms.

Dipped Chocolate Treats– Microwave chocolate until softened, stir in 2 tsp of salad oil. Encourage children to dip fruit and other goodies such as pretzels into their own chocolate dip.

Heart Toast– Toast bread then using a large, heart cookie cutter, encourage the children to make a heart out of their toast and paint it using with food colored milk and clean paint brushes.

March 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Salad Spinner Rainbow– Add paper to a salad spinner and encourage the children to drop drops of colored glue into the spinner on the paper. Have the children spin their own art to create their own rainbow of colors.	**2**	**3** Make Puffy Paint– Mix equal amounts of flour, salt, water, and colored tempra paint. Pour mixtures into squeeze bottles and paint away. When the mixture dries, it will become puffy.	**4**	**5**
6	**7** Create Coffee Filter Shamrocks– Using eyedroppers drip different colors of food coloring onto shamrock shaped coffee filters.	**8** Sing I'm A Little Leprechaun (To the tune of I'm A Little Teapot)- I'm a little leprechaun. Dressed in green the tiniest man that you have seen. If you ever catch me, so it's told, I'll give you my big pot of gold!	**9**	**10** Read: The Night Before St Patrick's Day by Natasha Wing.	**11** Create paper plate shamrocks using paint, small paper plates, popsicle sticks and tape.	**12**
13	**14** Go to a local playground and hide large laminated gold coins. Encourage the children to collect the coins in their own pails.	**15** Create a Blarney Stone– Paint a clean rock. Allow to dry. Decorate your rock using glitter, crayons and various art materials and scraps.	**16**	**17**	**18** Make Shamrock Shakes– 2 cups of lime sherbet, 1 banana, 1 cup of milk, 2 drops of green food coloring. Mix all ingredients in a blender then serve!	**19**
20	**21** Mix green paint for toddlers. Lay out paper, stencils, sponges and cookie cutters for exploration.	**22** Counting to five in Irish- 1-a h-aon (a hayun), 2- a do (a though), 3-a tri (a three), 4-a ceathair (a kahir - soft 'a'), 5-a chuig (a kooig)	**23**	**24** Create Ooey Goey Green Goop– Mix 1 cup of cornstarch and 1 cup of water in a bowl. Add a few drops of green food coloring. Place the goop in the water table. Allow for exploration.	**25**	**26**
27 	**28** With artificial leafs create leaf rubbings by using white paper and wax crayons.	**29** Lay out white paper, cotton balls, glue and crayons for children to create their own skies.	**30** Make Swamp Gunk– Mix 1 cup of white glue, 1 cup of water, green food coloring in a bowl. Dissolve 4 teaspoons of Borax in 1 1/3 cups of warm water. Mix mixtures and knead.	**31** Dry Sand Paint– Mix 1/2 cup of sand, 1 teaspoon of powered paint. Mix up in a shaker. Shake on paper with glue.	**~Attendance Records Are Due On: 23rd ~**	