

CHILD DEVELOPMENT DAYHOMES OF ALBERTA

JUNE 2011

Provider Feature: Jagdish

Jagdish is always eager to attend workshops, these workshops provide valuable information that she can use in her Dayhome. It also give her an opportunity to socialize with other dayhome providers. We are proud to have her as part of our agency!



FIELD TRIP IDEAS:

Summer is a great time to utilize the great outdoors! Gather up your neighboring providers, some delicious healthy snacks and have a picnic at the park! You and the children will have the benefits of being outdoors as well as socializing.



Aman, Fadumo



Happy 2 yr
Anniversary
with CDDH Ritha !



June is MATH Month:

Learning mathematics is not just about memorizing numbers and dimensions; the reasoning process involved in primary math is the basis of developing thinking and skills. The best way to learn math is through everyday play and routines.

- Singing rhymes that contain numbers is a playful way to learn. Help the child learn rhymes such as "One-Two, Buckle My Shoe," "Ten Little Indians," and "One, Two, Three, Four, Five" that make memorizing numbers easy.
- Teach through daily activities. Get children to help around activities at home. Make a game out of setting places at the table while counting out the numbers.
- Learning during playtime. Use dough to make different shapes. Help the child understand the meaning of thin, fat, and short and long; circle, triangle, square and rectangle.

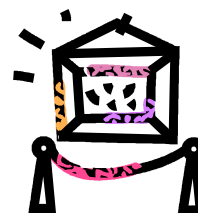
Child Portfolio Checklist



For the month of **JUNE** you should be filing a sample of your **Childs Cutting Ripping**

Don't forget to name and date
your children's examples.

These files should be updated every month with a sample of your child's daily activities. Let the child participate putting a piece away in the file to show mom and dad at the end of the year. The child will also enjoy seeing how they have progressed in some areas, and eager to keep improving and creating. Don't forget to also post your child's artwork proudly where everyone can view it!





Many Languages Many Cultures



Alison and Cristina had a chance to participate in an intense learning opportunity at the

2011 World Forum on Early Care and Education held in Honolulu ,Hawaii. They were among professionals from more than 80 countries that gathered to share ideas on a wide range of issues impacting the delivery of quality services for children and families. It was an amazing opportunity to get insights from around the world and to begin to understand culture and its impact on education.

There is a growing movement around the world to preserve, protect, and reclaim children's play. Given that play is essential to children's healthy development they believe that it should be an important part of any global discussion about children. That's why they were facilitating an emphasis on play at the World Forum.

We can't overstate the importance of play but all over the world the trend has been to squelch, rather than nurture creative play. For some children hunger, poverty, unsafe surroundings, and child conscription restrict their capacity to play. For others, it is commercialism, an emphasis on early academic instruction, over-scheduling of free time, and parental fears that interfere with play. As childcare provider and / or parent we encourage you to nurture play among your children.

The results really are rewarding!



Health/Nutrition:

FUN IN THE SUN..... USE SUN SAFETY !

We all need some sun exposure; it's our primary source of vitamin D, which helps us absorb calcium for stronger, healthier bones. But it doesn't take much time in the sun for most people to get the vitamin D they need, and unprotected exposure to the sun's ultraviolet rays can cause skin damage, eye damage, immune system suppression. Use caution when outdoors to maximize the enjoyment of outdoor play.

*Avoid the Strongest Rays of the Day

*Cover Up *Use Sunscreen Consistently

*Use Protective Eyewear for Kids

*Drink PLENTY of water!



http://kidshealth.org/parent/firstaid_safe/outdoor/sun_safety.html#

RECIPES



FRUIT SMOOTHIE

- 1 Cup of Ice
- 1 peeled banana
- 2 cups frozen strawberries, raspberries, or cherries
- 1 cup milk
- 1/2 cup plain or vanilla yogurt
- 1/2 cup orange juice
- 2 to 3 tablespoons honey or to taste

Preparation:

Put all the ingredients in a blender and process until smooth.

Pour into glasses and serve.

JUNE 2011

GROSS MOTOR Activity : Kick Ball

Goal: Increase motor coordination and teaches to kick ball without falling.



Balancing on one foot and kicking the ball with the other is not easy, this exercise is to help improve that balance. At first the child can start by holding one foot up and seeing how long they can balance. Make a game out of it by singing a song while the children hold their foot up. As an added skill have them hold their foot with the same hand while balancing)

Child Development: "Help me Help myself"

Children from about age three are asking us to help them learn independence. Children want to learn how to do things on their own without adult supervision or permission. Even though at times we feel we have to help children constantly, in reality, children are asking us to help them help themselves.

Much of what we classify as "misbehavior" in the three- to six-year-old, upon closer inspection, is children trying to do things by themselves, and not being successful. In our hurried world, it's easier to do it ourselves than to stop and show our children how to do a task, and patiently wait as they complete it.

"Help me help myself" is the young child's cry for independence that leads to true confidence and self-esteem. Don't do for your child what they can do for themselves.

Remember, any unnecessary help is an obstacle to a person's independence.



UPCOMING EVENTS

National Safety Kids Week

May 28 from 9am-3pm—AMP Franklin check car seat installations.

Fri June 3rd-1-4pm Drop in Doug Barnes Cabin, Birchwood Trails.

There will be lots exciting events happening:

Minute to win, helmet fitting, water safety, outdoor safety, a bike rodeo and a bike ride and BBQ!

www.safecommunitywb.ca for more information!

8 June -Take a Break and Get a Grip workshop on re-balancing Work and Life.

Date: Wednesday, June 8

Time: 6.00 pm - 9.00 pm

Cost: \$20.00

Keyano Syncrude Sport and Wellness Centre
Food by Mitchell's followed by presentation- let us know if you are coming so we can order food

RSVP Vilia Tosio at:
vtasio@gmail.comJLIB_HTML_CLOAKING

JUNE BUG Children's Festival

Family friendly fun and entertainment.

MacDonald Island

June 11 & 12—11:00-5:00

Face
Painting

Admission \$.500 per person

or \$20.00 per family

Bouncy
Fun

Pep Rally Breakfast June 11 @ 9-10:30.

Info or volunteer sign-up 7809720038 or
eventplanner@thehubfrc.ca

Balloon
Artist

Children's
Performers



June 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Sing: Five Little Speckled Frogs	2 Set out stencils with shapes, pencil crayons and paper	3 Create hopscotch outside using sidewalk chalk	4
5 	6 Place large foam numbers in the sand and supply buckets and shovels for children to dig up and collect the letters	7 Make banana bread with the children. Measure, mix and bake the ingredients	8 Encourage the children to tell you how old they are and chart their ages on poster board to display	9 With toddlers, make hand and foot prints with paint and count their fingers and toes with them	10 Stack blocks with the children. Count the number of blocks while building a	11
12 	13 Place measuring cups and spoons in the water table for the children to explore with	14 Place magnetic numbers on the fridge for exploration	15 Read: Five Little Monkeys Jumping On A Bed by Eileen Christelow	16 Place fake money, a cash register, empty food boxes/containers, shopping bags/baskets, flyers and wallets in a "Grocery store" Dramatic Play area	17 	18
19 <p>Uno Dos Tres Cuatro Cinco Seis Siete Ocho Nueve Diez</p>	20 Learn how to count to 10 in Spanish: http://spanish.about.com/cs/vocabulary/ht/	21 Favorite Play Dough: Mix and knead 2 cups of flour, 1 cup of salt, 1 cup of hot water, 2 tablespoons of oil and food coloring. Set out the play dough and show the children how to roll snakes. Use the snakes to form numbers.	22	23 Give the children a variety of small objects (such as blocks, toys, crayons). Supply a sorting tray for the children to sort the objects by color or size, type, etc	24 	25
26 	27 Sort large wooden beads by color in a muffin tin. Encourage the children to create their own patterns by stringing them onto a shoelace	28 Cut pieces of colored felt in different shapes. Make sure there are two pieces of each color and of each shape. Lay them out on the table and encourage the children to match up the pieces by color then by shape	29	30 Lay out mega blocks for the children to explore. Colored, attachable blocks reinforces math concepts such as colors, counting and size classification	~ATTENDANCE RECORDS ARE DUE ON: JUNE 17	



July 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1 Happy CANADA Day! ~Agency Closed~	2 Collect leaves on a nature walk and construct Canada Day collages with them using white and red glue
3 	4 Go for a field visit with the children to a grocery store such as Lucky 97, All India Grocery, Italian Bakery, etc. Buy foods and prepare an ethnic lunch with the children	5	6 Read: "Who You Are" by Mem Fox	7 Create Native ceremonial drums– Using reusable string, leather, feathers and using paints, encourage the children to decorate clean coffee cans. After dry, encourage the children to drum on them using dowels or sticks from trees in the park	8	9 	
10 	11 Using air dry clay encourage the children to create Mexican pottery. Add supplies such as plastic knives and old combs. Allow their creations to harden then paint using liquid paints	12	13 Play Folk music and supply various scarves as props for the children to use to dance with	14 Make Mango Lassi-India (A chilled yogurt drink named Lassi, that is a favorite in India). In a blender process 2 ripe mangos (peeled and seeded), 2 cups of plain yogurt, 4 ice cubes. Add milk and honey to taste.	15	16 	
17 	18	19 Supply colored pom poms, and a sorting tray. Give each child a pair of chop sticks and encourage them to separate the pom poms by color using the chopsticks to pick them up	20	21 Create blank booklets of stapled paper. Supply a variety of stamps and ink pads for the children to create their own passports	22 Paint on rocks with colorful paints to create Australian cave paintings	23 	
24 	25 Create Japanese Kites– Cut out card board paper in the shapes of kites. Encourage the children to decorate with markers, crayons, paint, glitter and fabric. Hole punch and add ribbon to the bottom. Bring the kites outside on a walk to fly in the air	26	27 Sing Disney's- It's A Small World (After All)	28 Add African wild animals and greenery to the water table for exploration	29 Add small rakes, shovels, rocks, twigs and wood pieces to the sand table to create a Japanese Garden	30 	
31 	ATTENDANCE RECORDS ARE DUE: ~ JULY 22/ 2011 ~					*Cariwest Festival– August 6 - 8 Heritage Days– July 30 – August 1	

