

CHILD DEVELOPMENT DAYHOMES OF ALBERTA

MARCH 2011

Provider Feature: SEEMA

Seema communicates with her parents and the agency regularly. She sends photos through e-mail. This keeps us all informed of the wonderful activities she does with her children. We really appreciate it. Keep up the good work!



Bishnu and
Elianne

Happy 2nd Year Anniversary
with CDDH! Sonia C
Happy 1st Anniversary
Fadumo

FIELD TRIP IDEAS:



Winter Blues ???

look through these websites for inspiration!

http://www.activityvillage.co.uk/winter_pages.htm

<http://www.preschoolrainbow.org/preschool-winter.htm>

http://www.archaeolink.com/kids_winter_activities.htm

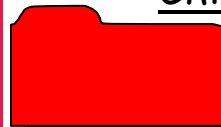
March is Mother Goose Month

Mother Goose nursery rhymes date back to the early 1700s.

These rhymes provide both amusement and [education](#) for children. There are rhymes that teach children to count, such as "One, two, buckle my shoe." The days of the week are the focus of "Solomon Grundy," and the number of days in each month feature in "Thirty Days Hath September." Tongue twisters help children pronounce words clearly and slowly. The most famous Mother Goose tongue twister is "Peter Piper picked a peck of pickled peppers."



Child Portfolio Checklist



For the month of **March** you should be filing a sample of your **Child's Cutting/Ripping**

Don't forget to name and date your children's examples.

Children enjoy ripping and tearing paper, this task promotes eye-hand coordination, coordinated bilateral upper extremity involvement, full palm grasp, fine finger manipulation, and wrist flexibility. Use several materials and see the different edges they can get. Try a paper tearing exercise where you have the child start to tear paper, then stop, then tear, then stop. continue the activity until the child can start and stop on command .

*The child should be able to show the following readiness skills in preparing to use scissors:

- Demonstrate an interest in cutting rather than ripping paper
- Comprehend safety rules such as avoiding fingers between blades and never pointing scissors at other people
- Have the coordination to move the two loop handles apart and together
- Be able to use hands together so that one hand grasps the paper while the other hand snips.

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Many Languages Many Cultures**Multicultural: The "Talking Stone"**

A circle time activity

Often during circle time many children want to talk at once. One way to help children learn how to take turns is to use a visual clue. Teachers might try using a "talking stick" or "talking stone". This is a tradition with some **Native Americans**. Hold your 'stick' or 'stone' while you speak and then pass it on when it's time for another person to talk.

You can use a colorful rock or decorate your stick in a special way. This technique helps young children learn to respect the speaker and to wait and listen. Continue with this idea and soon the children will be reminding each other.

Health/Nutrition: Too Much TV

Most kids plug into the world of television long before they enter school. The first 2 years of life are considered a critical time for brain development. TV and other electronic media can get in the way of exploring, playing, and interacting with parents and others, which encourages learning and healthy physical and social development. As kids get older, too much screen time can interfere with activities such as being physically active, reading, doing homework, playing with friends, and spending time with family. Of course, television, in moderation, can be a good thing: Preschoolers can get help learning the alphabet on public television, school age children can learn about wildlife on nature shows, and parents can keep up with current events on the evening news. No doubt about it — TV can be an excellent educator and entertainer but limit and monitoring is key.

Set a good example by limiting your own TV viewing.

If your kids want to watch TV but you want to turn off the tube, suggest that you all play a board game, start a game of hide and seek, play outside, read, work on crafts or hobbies, or listen and dance to music. The possibilities for fun without the tube are endless — so turn off the TV and enjoy the quality time together.

RECIPES**Say Cheese!**

Kids love anything cheesy. Find kid-approved recipes from mac and cheese, cheese quesadillas, and other easy, cheesy favorites. Try this favorite!

Cheese Omelet Recipe

You can use any type of cheese you like or try two or three different types of cheeses.

2 eggs
1/4 Cup cheese
Salt and pepper

Beat your eggs in a bowl and add to hot pan. Sprinkle with cheese and salt and pepper. Let set until edges can be lifted up. Lift edges all around your omelet. Dig spatula underneath the omelet and flip. When eggs set on both sides your omelet is done.

(You can use add-ins like veggies, ham, or chicken)

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GROSS MOTOR Activity :

Balancing games

Balancing games encourage the development of gross motor skills through practice. Gross motor skills include big movements involving the muscles of the arms, legs, torso and feet, You can encourage your child's healthy development by teaching him to play fun and easy balancing games.

- Take turns balancing on one foot
- Put tape on the floor have children walk along.
- Balance bean bag on their head
- Hopping

LITERACY:

Twinkle, twinkle, little star,
 How I wonder what you are!
 Up above the world so high,
 Like a diamond in the sky.
 Twinkle, twinkle, little star,
 How I wonder what you are!



UPCOMING EVENTS

Professional

Development Workshops for Providers Presented By Developing Harmony.

- Guiding Children's Behaviors
March 21st
- Making Prop's for Music and Stories
March 22nd
- Learning Through Play School Age
March 23rd

Details have been mailed please notify the agency on which training opportunities you are interested in attending.

A New Decade of Caring For Children

Early Learning and Child Care
 2nd Annual Conference.
 Saturday, March 19, 2011

Quality Hotel

Presenting.....

Charlotte Diamond award winning children's musical Performer
 Penny Detert with Developing Harmony, Early Childhood workshop specialist.

19th Annual Caring That Counts 2011

Provider Conference

Sat, April 9, 2011

Early Bird Registration prior to Mar 4, 2010
 (Cristina will bring Registration information)












Anna-Karin Engberg



March 2011

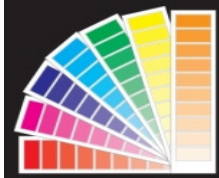











Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>1</p> <p>Salad Spinner Rainbow– Add paper to a salad spinner and encourage the children to drop drops of colored glue into the spinner on the paper. Have the children spin their own art to create their own rainbow of colors.</p>	<p>2</p>	<p>3</p> <p>Make Puffy Paint– Mix equal amounts of flour, salt, water, and colored tempera paint. Pour mixtures into squeeze bottles and paint away. When the mixture dries, it will become puffy.</p>	<p>4</p>	<p>5</p> 
<p>6</p> 	<p>7 Create Coffee Filter Shamrocks– Using eyedroppers drip different colors of food coloring onto shamrock shaped coffee filters.</p>	<p>8</p> <p>Sing I'm A Little Leprechaun (To the tune of I'm A Little Teapot)- I'm a little leprechaun. Dressed in green the tiniest man that you have seen. If you ever catch me, so it's told, I'll give you my big pot of gold!</p>	<p>9</p>	<p>10 Read: The Night Before St Patrick's Day by Natasha Wing.</p>	<p>11 Create paper plate shamrocks using paint, small paper plates, popsicle sticks and tape.</p>	<p>12</p> 
<p>13</p> 	<p>14 Go to a local playground and hide large laminated gold coins. Encourage the children to collect the coins in their own pails.</p>	<p>15</p> <p>Create a Blarney Stone– Paint a clean rock. Allow to dry. Decorate your rock using glitter, crayons and various art materials and scraps.</p>	<p>16</p>	<p>17</p> 	<p>18 Make Shamrock Shakes– 2 cups of lime sherbet, 1 banana, 1 cup of milk, 2 drops of green food coloring. Mix all ingredients in a blender then serve!</p>	<p>19</p> 
<p>20</p> 	<p>21 Mix green paint for toddlers. Lay out paper, stencils, sponges and cookie cutters for exploration.</p>	<p>22</p> <p>Counting to five in Irish- 1-a h-aon (a hayun), 2- a do (a though), 3-a tri (a three), 4-a ceathair (a kahir - soft 'a'), 5-a chuig (a kooig)</p>	<p>23</p>	<p>24</p> <p>Create Ooey Goey Green Goop– Mix 1 cup of cornstarch and 1 cup of water in a bowl. Add a few drops of green food coloring. Place the goop in the water table. Allow for exploration.</p>	<p>25</p>	<p>26</p> 
<p>27</p> 	<p>28 With artificial leaves create leaf rubbings by using white paper and wax crayons.</p>	<p>29 Lay out white paper, cotton balls, glue and crayons for children to create their own skies.</p>	<p>30 Make Swamp Gunk– Mix 1 cup of white glue, 1 cup of water, green food coloring in a bowl. Dissolve 4 teaspoons of Borax in 1 1/3 cups of warm water. Mix mixtures and knead.</p>	<p>31 Dry Sand Paint– Mix 1/2 cup of sand, 1 teaspoon of powered paint. Mix up in a shaker. Shake on paper with glue.</p>	<p>~Attendance Records Are Due On: 23rd</p> <p>~</p>	



April 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<p>1 Chart the children's favorite colors. Keep the colors in mind when making colored water on the 14th/15th</p>	<p>2 </p>
<p>3 </p>	<p>4 5 Edible Easter Bunny Salad- Place lettuce leaves on a plate. Add a pear half on the lettuce for a body. Insert raisins for the eyes and nose. The ears are made from apple slices and miniature marshmallows or cottage cheese become the bushy tail.</p>	<p>6 Making Flowers- Encourage the children to color and add sparkles to cupcake holders. Allow them to dry. Poke a hole on the bottom of the cupcake holder and glue and run a pipe cleaner through the hole.</p>	<p>7 8 Flower Pot Plants- Purchase mini pots from the Dollarstore. Encourage the children to decorate their own with paints, glitter, etc. Using soil, plant bean seeds. The children can water their plants daily and watch them grow in sunlight!</p>	<p>9 </p>		
<p>10 </p>	<p>11 12 Wheat/Cress Field- Spread cotton wool at the base of a bowl. Moisten with water. Sprinkle over wheat or cress seeds. Leave in an area where there is plenty of light. Drain off the previous days water. Water a little daily. Place in the sunshine occasionally to allow greening. Watch as the Cress grows!</p>	<p>13 With toddlers, Bunny hop to music. Stop when the music stops.</p>	<p>14 15 Dye Easter eggs- Fill cups half full of water. Add 1tsp of vinegar to each cup of water. Add food coloring to the water. Place hard boiled eggs gently into the cups until egg is colored. Gently remove the egg and allow for it to dry.</p>	<p>16 </p>		
<p>17 </p>	<p>18 Construct a bunny headband out of construction paper. Encourage the children to decorate with a variety of art supplies.</p>	<p>19 Read the book: The Easter Egg by Jan Brett</p>	<p>20 Hide colorful plastic eggs in the neighborhood playground. Encourage the children to find them collect them using their own baskets.</p>	<p>21 Butterfly wands: Using food coloring and eye droppers decorate coffee filters. Allow to dry. Scrunch onto a popsicle stick and use pipe cleaners for antennas.</p>	<p>22  ~Agency Closed~</p>	<p>23 </p>
<p>24 </p>	<p>25  ~Agency Closed~</p>	<p>26 27 Face Paint Fun: In a small container mix 1 tsp of cornstarch, 1/2 tsp of cold cream until well blended. Add 1/2 tsp of water and stir. Add food coloring. Make a few different colors and decorate each others faces. Washes off easily with soap/water.</p>	<p>28 29 Sing- Easter: The Easter bunny's feet go hop hop hop. While his big pink ears go flop flop flop. He is rushing on his way. To bring our eggs on Easter Day. With a hop, flop, hop, flop, hop.</p>	<p>Attendance Records are due: April 19</p>		