

CHILD DEVELOPMENT DAYHOMES



January 2012

www.childdev.com

January Workshop “Cooking in St-Albert”

Grandin Clubhouse: 5 Grenfell Ave
Jan. 12, 2012: 9:30am-11:30am
Providers, children, and parents
are all welcome! RSVP to 780-444-2288



February Workshop “Infant and Toddler Activities”

Date and Location to be determined
Providers, children, and parents
are all welcome! RSVP to 780-444-2288



Using Your Home for Daycare Income Tax Session

Jasper Place Child & Resource Center
16811 88 Ave
January 11, 2012 7:00pm –9:00pm
RSVP to 780-444-2288



Multicultural Activity

Passports

Promote multicultural awareness and self esteem with this early childhood education activity.

Materials: Paper and a camera

Description: Make passports by stapling white paper and construction paper. From January until May, study a different country. For example you could study Russia, Africa, Ireland, Israel, China, Australia, Mexico, Japan, France and Saudi Arabia. Then for each country (ex. France - beret), take pictures of each child wearing his or her hat or prop. Glue the pictures into each child's individual passport and give it to them along with a world traveler certificate at the end of the year. The kids will have lots of fun “dressing up!”





Provider Spotlight— Susan Frankfurth

Susan has been a provider with us since November 4, 2005. She runs a fun and loving dayhome. There are always activities for the children to do and her home is filled with the children's art work. Susan participates with the children in their play and is a great role model at lunch time as she sits with them and they all have lunch to-

gether. Susan talks with the children and encourages them to try new foods. Susan and her dayhome children recently attended our "Messy Play" workshop and she was right in there playing with her dayhome children. Her interactions with the children are always kind, positive and genuine. Susan has also been working very hard on completing her

FCCTP Training units. Great work! Thank you Susan for the loving care you provide to each of your dayhome children. Keep up the great work!

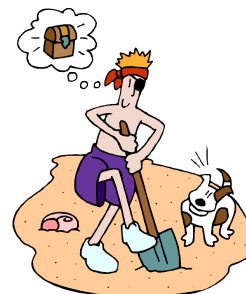


Outdoor Winner: Sabrina Bainard-Nobes

Geocaching (Geo-caching)

Geocaching is an outdoor treasure hunting game using GPS-enabled devices. Participants navigate to a specific set of GPS co-ordinates and then attempt to find the geocache (container) hidden at that location.

This is a great activity for school age children or even your own family. For more information, visit www.geocaching.com.



Parent Feedback Survey on CDDH Website!

Click here on the following link to know how we are doing

<http://www.childdev.com/Surveys/EDMONTON/General+Survey/Default.ksi>

Upcoming Workshops from Alberta Resource Centre for Quality Enhancement (ARCQE)

February 15—Promoting Sensitive Interactions—\$60.00

February 21—Open-Ended Art—\$70.00

February 23—Creating Smooth Transitions—\$60.00

*Workshops are from 6:30—9:30pm. For more information go to www.arcqe.ca



Congratulations!

To the following providers celebrating their Anniversaries with
Child Development Dayhomes in the month of January

| | | | | |
|-----------------|---------|---|------------------|---------|
| Tracey Drover | 9 years |  | Sabra Tirmizi | 3 years |
| Rizwana Farooq | 5 years | | Teresita Macugay | 2 years |
| Maria Dumbrique | 3 years | | Kelly Roth | 1 year |
| Yassra Hajar | 3 years | | | |

Letters to Providers

To Crystal Giggie:

Happy Holidays! I hope everyone enjoyed Christmas with their families! Our son Cole has been in Crystal Giggie's dayhome since he was 4 months old. He is now 2 and 1/2 and is developing so well because of Crystal. Crystal is so knowledgeable in child development. I have found myself asking her questions with regards to a child's behavior and techniques despite the fact that I have 2 other children! Haha! Crystal is so kind, and patient and many times I have found it's a challenge to take Cole home as he indicates he wants to stay. Crystal takes the children to several places around the city such as the library, and at 2 years old, Cole knows what this is which is such a good start for his life. It is such a relief to take Cole there every morning and know the quality of care that he receives.

At 2 years old, he is aware of where she lives when we drive by and shouts her name. Last night he passed the phone to his dad and asked him to DALL DISTAL? (his baby talk for call Crystal). He missed her during the break. She deserves the time for her beautiful family too, as she does such an amazing job with our kids. I want everyone to know what a blessing Crystal Giggie is and how happy we are as Cole's parents with her home! I hope everyone feels the same way about their provider as we do!

Crystal, thank you so much for everything you do. Cory and I are beyond grateful with everything you do for us!

Cindy and Cory



To Lonnie Tucker:

We are extremely pleased with the care Lonnie provides to our little Liam. She is absolutely wonderful and it is rare to meet such a compassionate individual.

From the Kobly family

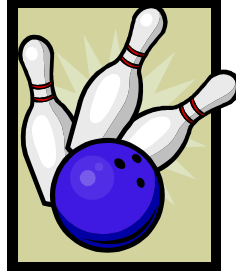
Active Albert's

Bumper Bowling

St. Albert Bowling Centre
Location: 14 Inglewood Dr., St. Albert, AB

Bumpers are rails that are put up to block the balls from going into the gutters. Keeps the ball on the lane and helps kids hit more pins down and have more fun.

For more info, go to www.stalbertbowling.com



Owls—Family drop in story time for children

St. Albert Public Library
Location: Main floor program room

Registration: Must be registered. Call 780-459-1532 for more info

Times:

January 16, 2012: 11:00am—11:30am

January 23, 2012: 11:00am—11:30am

February 6, 2012: 11:00am—11:30am

February 13, 2012: 11:00am—11:30am



Cooking for Children by Dolores Squires

Chocolate Chip Cookies

The children can help by measuring ingredients and placing cookies on the baking sheet. This recipe is a favorite as the sugar and chocolate are reduced but they are still a hit with children!

Ingredients:

-1/2 cup of butter

-1/2 cup of lightly packed brown sugar

-1 egg

-2 tsp vanilla

-1 cup all purpose flour

-1/2 tsp baking soda

-1/2 tsp quick rolled oats

-1/2 cup semi-sweet chocolate chips



Directions:

Cream butter and sugar together until light and fluffy. Beat in egg and vanilla. Combine flour, baking soda and salt. Stir in creamed mixture. Fold in rolled oats and chocolate chips. Using 10ml (2 tsp) for each cookie, drop onto ungreased cookie sheets. Flatten with a fork. Bake in a 190 degree Celsius (375 F) oven 10 minutes until cookies begin to brown around the edges. Remove from pan. Cool. Store in a covered container.

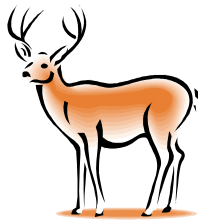


Field Trip Ideas



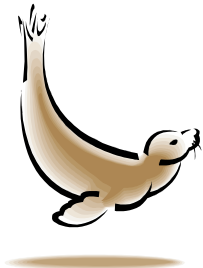
Elk Island National Park

Located less than an hour away from Edmonton, Elk Island National Park of Canada protects the wilderness of the aspen parkland, one of the most endangered habitats in Canada. This beautiful oasis is home to herds of roaming plains bison, wood bison, moose, deer and elk. Also boasting over 250 species of birds, the park is a bird watcher's paradise. Activities include wildlife, viewing, hiking, cross-country skiing, picnicking or overnight camping.



Marine Life Education Programs and Camps

Discover West Edmonton Mall's fascinating marine life. Discover marine life and animals in Sea Life Caverns and Sea Lions Rock. The sea caverns are an underground aquarium that is home to more than 100 species of fish, sharks, sea turtles, penguins, reptiles, and amphibians.




For more information on the mall's hours and rates, call 780-444-5300 or visit www.wem.ca.

Contest Extension

The bulletin board beautification contest deadline has been extended to March 1, 2012. Submit your picture to CDDH for a chance to win a beautiful gift basket! We look forward to getting your entries!





Be Brave.

Little Warriors Training
 Upcoming training sessions:
 January 24, 2011
 6:00pm—9:00pm
 Center 127 (12704 101 St)
 (located just 1 block west of 97 St)

RSVP to Maria 780-444-2288 or
maria@childdev.com

Little Warriors is a revolutionary research based training designed for all responsible adults, including parents, teachers, and all organizations that serve children and youth. The 3 hour session will teach adults how to help prevent, recognize and react to child sexual abuse. Each participant receives a workbook, handbook and certificate upon completion.

Guiding Preschool Children's Behaviors

"The preschool years (ages 2-1/2 to 5) are an exciting time for young children. When they were infants, they developed a trust of their caregivers. As toddlers, they began to establish some independence. Now, as preschoolers, they use this trust and independence to actively explore new forms of play (e.g., pretend play) and new environments (e.g., school). Preschoolers need to learn how to make choices for themselves and how to feel good about the choices they make. It is their job to "learn to take initiative in socially acceptable ways" (Erikson, 1963).

- 1) **Set reasonable, clear and age appropriate rules.**
Make sure rules are always stated in positive language, i.e. walking feet please versus stop running; gentle hands with other friends versus stop hitting.
- 2) **Pre-teaching** is done with children so they learn what to do in future situations and allows them to practice it in advance.
 - before new situations
 - before situations which have been difficult in the past
 - when earning a new skill
- 3) **Effective Praise** is responding to a child sincerely and enthusiastically for the positive behaviors they do. Remember to use specific praise (i.e. great job of picking up your toys verses good job.)
- 4) **Corrective Teaching** is responding to a child's behaviors by stopping the inappropriate behavior, and then teaching and practicing appropriate behaviors.
- 5) **Consequences** help shape appropriate behaviors in children and teach them what happens as a result of inappropriate behavior or choices. In a child care environment, consequences must always be naturally and/or logically occurring.
- 6) **Social Skills** are tools which allow children to get along with others effectively and pleasantly. Examples of social skills are: how to follow instructions, waiting for your turn, asking for help, etc.













Source: Developing Harmony newsletter—November 2011



January 2012














| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|--|---|--|---|
| <p>1. </p> | <p>2 Statutory Holiday (In lieu of New Years day) Office closed</p> | <p>3 Play follow the leader in the snow, step in each others foot tracks</p> | <p>4 Place several items on the floor. Cover with a small blanket. Remove one item. Which one is missing?</p> | <p>5 Hibernation: Make a cave or den using pillows and blankets, the children can wear their pajamas. Encourage them to bring their favorite stuffed animal.</p> | <p>6</p> | <p>7 </p> |
| <p>8 </p> | <p>9 Make cards with left over wrapping paper</p> | <p>10 Frosty Treasure Hunt: Before your kids head outdoors to build a snowman hide all the accessories they'll need to assemble their Frosty. The kids must collect all the pieces. They'll love hunting down the treasures you've hidden. Give them clues or a treasure map to follow!</p> | | <p>11</p> | <p>12</p> | <p>13 Mitten puppet making: Use mismatched mittens to create puppets.  </p> |
| <p>15 </p> | <p>16 Snowflake cutout: use a round coffee filter. Fold and cut small holes.</p> | <p>17 Play musical hugs: When the music stops, hug a friend. Start dancing when the music starts again.</p> | <p>18 Have a winter picnic. Take a thermos and mitten friendly food outside.</p> | <p>19 Place snow in a water table or bin. Encourage toddler to spoon into dishes. Watch it melt.</p> | <p>20 Read 50 below Zero by Robert Munsch.</p> | <p>21 </p> |
| <p>22 </p> | <p>23 Make Hockey sticks out of wrapping roles. Add some colored tape.</p> | <p>24 Attendance records due </p> | <p>25 Edible snow: Freeze small portions of juice, put in blender until well crushed. Serve in small bowls</p> | <p>26 Snow globes: Wash and dry a baby food jar completely, including the lid. Attach a figurine to inside of jar lid using hot glue gun. Fill jar with water to within 1/2 inch (1 cm) of top. Use cold water, warm water tends to cloud. Sprinkle 1/2 teaspoon of glitter, into water. Using hot glue gun, line inside of lid with glue. Insert figurine in water and screw on lid. Decorate the lid rim with ribbon or use colored felt Glue on buttons, use stickers, or personalize your globe by writing your name in glue and sprinkling with glitter. You may also paint the lid rather than use ribbon or other embellishments. The possibilities are endless.</p> | <p>27</p> | <p>28</p> |
| <p>12 </p> | <p>30 Spider snack: 1 babybel cheese, 4 small pretzel sticks raisins. Unwrap cheese, break pretzel and insert to make spider legs. Add 2 raisins for eyes. Kids will love to help create this healthy snack.</p> | | | | | |



February 2012



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|--|---|
|  |  | <p>1 Crayon Hearts– Heat oven to 250 degrees. Fill each mold in a heart shaped cookie/muffin tin with leftover crayon pieces. Bake them for 10-15 min. Allow them to cool then color with your new multicolored crayons.</p> | <p>2 Read the book: Olive My Love by Vivian Walsh with the children.</p> | <p>3 Using construction paper, reusable art supplies and crayons, create homemade Valentines Day cards.</p> | <p>4</p>  | |
| <p>5 Dissolve 4 Tbsp Epson salt with 1/4 cup hot water. Draw freely with crayon on dark paper. Brush with salt solution, stirring the solution often. Dry and display.</p> | <p>6</p> | <p>7 Finger Print Hearts – Press your index fingers on a non-toxic stamp pad. Stamp V shaped hearts on paper by joining two finger prints at the bottoms.</p> | <p>8</p> | <p>9 Bring the children outdoors to a field of snow. In their snow suits, encourage them to make snow angels.</p> | <p>10 Exploring sound with babies- Gather a bunch of things you can make noise with, (eg. a piece of crinkly wrapping paper, squeeze toy). Demonstrate each sound, varying the order so it's always surprising. Then put the noisemakers in baby's hand and help him make the sounds.</p> | |
| <p>12</p>  | <p>13 Dipped Chocolate Treats– Microwave chocolate until softened and stir in 2 tsp of salad oil. Encourage children to dip fruit and other goodies such as pretzels into their own chocolate dip.</p> | <p>14</p> | <p>15 Set up an obstacle course using furniture, sheets, mats, masking tape and boxes. Have children describe their movements using terms such as over, under, around and through.</p> | <p>16</p> | <p>17 ~ATTENDANCE RECORDS DUE: FEB. 17 ~</p> | <p>18</p>  |
| <p>19 Create love bugs using toilet paper rolls, construction paper, googly eyes, glue, markers, pipe cleaners</p> | <p>20 Family Day Agency Closed</p>  <p>Family Day!</p> | <p>21 Heart Toast– Toast bread. Next, using a large heart cookie cutter, encourage the children to make a heart out of their toast. Using clean paint brushes, paint the toast with food colored milk</p> | <p>22</p> | <p>23 Use balls, Frisbees, bean bags or paper plates. Put a laundry basket or large box outside at one end of the yard. Children start at the opposite side of the yard and throw their objects one at a time. They pick up their object where it lands & continue throwing.</p> | <p>25</p>  | |
| <p>26</p>  | <p>27 Fill the water table with shaving foam and add different colors of food coloring. Encourage children to explore it and mix colors.</p> | <p>28 Chart and learn to say “LOVE” in different languages.</p> | <p>29 Play follow the leader. Hop, skip, jump, crouch down low and then jump up high.</p> |  |  |  |