

# CHILD DEVELOPMENT DAYHOMES



July 2011

[www.childdev.com](http://www.childdev.com)

## July Multicultural Workshop



July 12: 9:30—11:30

Kensington Community League: 12130-134A Ave

Join us for a morning of fun multicultural activities

Providers, children, and parents are welcome

RSVP to 780-444-2288

## August Gross Motor Workshop

August 10: 9:30—11:30

Concordia Lutheran Church: 5420 19 a Ave Weather permitting the workshop will be outside otherwise we will be in the church basement



## Multicultural Activity



### Green Eggs and Ham

Read "Green Eggs and Ham." It represents the idea that you do not judge something (or someone) by appearance.

For a food experience pull out a carton of white eggs and a carton of brown eggs. The children can visually see that the eggs are different shades and colors. Ask them what they think the insides of the brown eggs will look like and then what the insides of the white eggs will look

like.

Talk about how people are all different by their appearances on the outside. Then, have a child break open a white egg into a bowl. Have another child break a brown egg in to a separate bowl. The concept is that we may all look different on the outside, but the insides are the same, just like us.



## Provider Spotlight—Ligaya Ragual

Ligaya has been a dayhome provider since September 2007. She runs an exceptional dayhome. She plans her programming according to the children's interest and licensing requirements. There are always activities ready for the children to do. She actively participates in children's activities like singing; dancing; dress up and more. Ligaya takes an extra effort to take the children on fieldtrips and workshops. She doesn't hesitate to take the children for a long walk for a special picnic at Michael A. Kostek Park, take a public transit to the Y.M.C.A. and take a cab to attend

Child Development Dayhomes group workshops. She went back to school last September and she is about to receive her Level 2 child care certification. Since Ligaya attended school, she has grown much more. She is now more knowledgeable in the areas of safety, child development, program planning and most importantly, her child guidance has improved a lot. This year's provider appreciation month, The Adams family wrote: "Claire is lucky to have such a kind and caring provider. We appreciate the amount of time you spend planning the kids' activities and for always providing a safe and loving environment."

Alison Smith wrote: "I really

like the new theme weeks that she has implemented, where the stories, a new song and activities revolve around the chosen subject. This "classroom style" structure provides early learning benefits consistent with playschool in a more intimate setting. I also appreciate little reports on that days activities, meals, etc. that she provides so my daughter and I can chat about the day's event on the car ride home.

Ligaya, Thank you so much for a good job well done! The agency is proud to have you as a dayhome provider.

## Bouquet for Dolores Squires!

Dolores Squires has looked after our daughter, Torin, for over 1.5 years and we couldn't be happier. Dolores' home is full of happy, well cared for children who are a pleasure to spend time with. Every time we're there we are greeted with smiles and demonstrations of the crafts that have been made or stories of the days' activities. Dolores is genuinely fond of every child in her care and looks after them so well. We are delighted with Torin's progress in reading, counting, singing songs and her beautiful manners. All this is achieved through partnership with Dolores and we appreciate her support and efforts. When Torin comes home she constantly talks about what she's been up to and every night she mentions Dolores, her children and the day home children in her prayers (several times over).

I had to go into hospital for a prolonged stay and we knew that the love and care that Torin received each day with Dolores would help her through this difficult time. We could rely 100% on Dolores and her family.

We are very lucky to have Torin at Dolores' house. Thank you. Kind regards, Gill



## Congratulations!

To the following providers celebrating their Anniversaries with  
Child Development Dayhomes in the month of July

NADA CHMAIT	13 years!	KRISTEN STEVENSON-EAMER	4 years
MARIA(THEA) PFALZ	13 years!	SHEILA HOFFMAN	2 years
VENUS ROSETE	6 years	SALMA ABDUL ZAHIR	1 year
LESLIE FITZGERALD	5 years	EVA FUNG	1 year



## Outdoor Activity Winner: Ashley King

She uses public parks around the neighborhood for the children to play with balls, blow bubbles and find bugs and to run around!

## Outdoor Activity by Candita Lopez



### Ball Splatter Design

You need: balls / paper / Paint

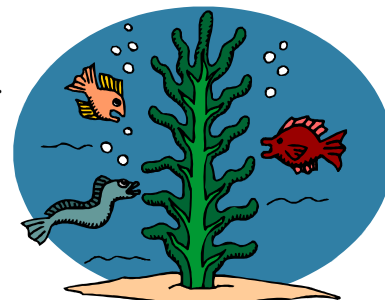
Take different sizes of balls along with different colour of paint, huge sheet of craft paper or white paper ....dip the balls fully in the paint that children would like, then bounce it on to the paper...splashes of paint and ball marks ...allow to dry ...beautiful design to display for parents to see and enjoy.

## Toddler Activity by Lizelle Lepatourel

### Ocean Scene

Materials needed: Shaving Cream, finger or tempra paint (blue, yellow, green), finger paint paper or laminated white paper, extra white paper

Mix shaving cream and paint. Give the children a finger paint paper/laminated paper and generous amount of shaving cream mixture. Allow the children to use their hands to spread the mixture. Put white paper on top of the spread shave cream to make an imprint. Allow this to dry. When dry, add cut outs of fishes, shells, and other ocean creatures. Make 2, one to take home, one to display.



## Active Albert's

Grosvenor Park Outdoor pool

Season open from May 28—August 28

Check the following link for schedules

<http://www.stalbert.ca/grosvenor-outdoor-pool>



## Parent Feedback Survey on CDDH Website!

Click on this [link](#) to let us know how we are doing

## Cooking for Children by Ragini Seemrith



### Mauritian Recipe "Bol Renverse" (Overtured Bowl)

#### Ingredients:

500 g chicken breast cut into long strips  
4 tbsp oil  
2 cloves garlic  
Pepper  
150 g canned mushrooms drained and finely sliced  
1 bunch Chinese leaves (eg. bok choy) cut into thin strips  
2 tbsp Soy sauce  
1 tsp corn flour  
Salt to taste  
4 tbsp finely chopped shallots  
4 eggs  
500 g cooked rice

#### Cooking Instructions:

Season chicken pieces well with soy sauce and pepper.

Heat oil and fry garlic until light brown.

Add chicken and stir fry until slightly golden.

Optional: you may add and slightly fry sliced sausages or shredded beef.

Add mushrooms and Chinese leaves, season them with soy sauce and pepper.

Mix well and allow to cook for about 3 more minutes.

Mix the oyster sauce and corn flour in half a glass of water and stir until it dissolves. Pour over chicken mixture.

Stir well until sauce thickens, remove from heat add in the shallots.

In a separate pan fry eggs on by one in a little oil until slightly cooked.

Put the eggs in 4 bowls and some of the chicken mixture on each of the eggs.

Fill the bowl to the top with some rice.

Cover the bowls with a plate each.

Invert bowl contents on plates upside down.

## Bouquet for Venus Rosete!

To someone special...

A little boy named Charlie often says, "Mom, I love Venus; she's my bestest friend; she's soooo pretty". Venus Rosete has been Charlie's caregiver since October 2006. From day one we have been greeted at her door in the mornings with a big smile, and Charlie always gets a hug from her at the end of the day.

She teaches Charlie all sorts of things - about the world, different languages, music, nature, sharing, caring, exercising, crafts, and everything else in-between. Her home is the happiest place on earth! Family isn't a circle; family is a big heart. Venus is part of our big heart. We love you, Venus. Thank you for all you do for Charlie and for us.

Charlie, Brent & Jean



## PROPBOXES AVAILABLE

\*PLEASE CONTACT MEGAN @ THE OFFICE TO CHECK OUT A PROP BOX TO BE DELIVERED BY YOUR CONSULTANT ON YOUR VISIT OR ON YOUR QUALITY ENHANCEMENT VISIT!

CARS & TRUCKS  
#4

ARTS AND CRAFTS

CARS & TRUCKS #2

DOCTOR

MUSIC #3

MATH #4

NEEDLE WORK

GAMES #2

INFANT #3

DRESS UP #5

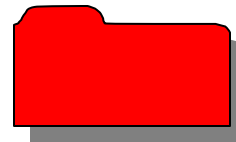
WRITING #1

DRESS UP #1

WRITING #2

SCHOOL AGED BUILDING MATERIALS

## Child Portfolio Checklist



For the month of **JULY** you should be filing a sample of your **CHILDREN'S DRAWING**

Don't forget to name and date  
your children's examples.

### 1-2 yrs- Scribbling stage

Random scribbles begin at age one to two, but quite quickly take on shapes.

### 3 years-The preschematic stage

First conscious creation of form occurs around age three

### 4 years-The preschematic stage

At four or five, the child begins to tell stories

### 6 years-The schematic stage

At this stage, there is definite order in space relationships: everything sits on the base line.

## CDDH Parent Handbook has been updated!

Child Development Dayhomes has updated it's Parent Handbook to include the new Family Dayhome Standards from Alberta Child and Youth Services. See below for links to the new parent handbook and the new Family Dayhome Standards Manual.

[Parent Handbook](#)

[Family Day home Standards Manual](#)



Be Brave.

**Little Warriors Training**  
 July 27, 2011 6:30-9:30 pm  
 Mayfield Community League  
 10941 161 Street  
 Call Maria at 780-444-2288  
 to register \$15/person

A revolutionary research based training designed for all responsible adults, including parents, teachers, and all organizations that serve children and youth.

The 3 hour session will teach adults how to help prevent, recognize and react to child sexual abuse. Each participant receives a workbook, handbook and certificate upon completion.



**First Aid in  
Child Care:**

**July 23 & 24**

**Recertification:**

**July 16**

**Call**

**780-444-2288**

**To register**



**Congratulations!**

Sabrina Bainard Nobes has received her level 3 certification in child care!



## Field Trip Ideas



**John Janzen Nature Center—Open for the 2011 season**

A gateway to the heart of Edmonton's River Valley, the newly-renovated John Janzen Nature Centre takes visitors for a walk on the wild side with programs, events and interactive exhibits designed to promote awareness and engagement with nature in an urban setting.

**Location:** 7000-143 St, Whitemud Drive & Fox Drive **Call:** 780-442-1442 for schedules



# July 2011






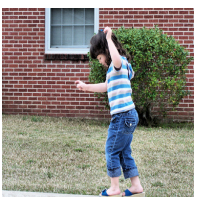

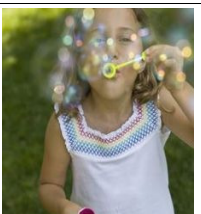



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						<b>1</b> <b>Happy CANADA Day!</b> ~Agency Closed~	<b>2</b> Collect leaves on a nature walk and construct Canada Day collages with them using white and red glue
<b>3</b> 	<b>4</b> Go for a field visit with the children to a grocery store such as Lucky 97, All India Grocery, Italian Bakery, etc. Buy foods and prepare an ethnic lunch with the children	<b>5</b>	<b>6</b> Read: "Who You Are" by Mem Fox	<b>7</b> Create Native ceremonial drums– Using reusable string, leather, feathers and using paints, encourage the children to decorate clean coffee cans. After dry, encourage the children to drum on them using dowels or sticks from trees in the park	<b>8</b>	<b>9</b> 	
<b>10</b> 	<b>11</b> Using air dry clay encourage the children to create Mexican pottery. Add supplies such as plastic knives and old combs. Allow their creations to harden then paint using liquid paints	<b>12</b>	<b>13</b> Play Folk music and supply various scarves as props for the children to use to dance with	<b>14</b> Make Mango Lassi-India (A chilled yogurt drink named Lassi, that is a favorite in India). In a blender process 2 ripe mangos (peeled and seeded), 2 cups of plain yogurt, 4 ice cubes. Add milk and honey to taste.	<b>15</b>	<b>16</b> 	
<b>17</b> 	<b>18</b>	<b>19</b> Supply colored pom poms, and a sorting tray. Give each child a pair of chop sticks and encourage them to separate the pom poms by color using the chopsticks to pick them up	<b>20</b>	<b>21</b> Create blank booklets of stapled paper. Supply a variety of stamps and ink pads for the children to create their own passports	<b>22</b> Paint on rocks with colorful paints to create Australian cave paintings	<b>23</b> 	
<b>24</b> 	<b>25</b> Create Japanese Kites– Cut out card board paper in the shapes of kites. Encourage the children to decorate with markers, crayons, paint, glitter and fabric. Hole punch and add ribbon to the bottom. Bring the kites outside on a walk to fly in the air	<b>26</b>	<b>27</b> Sing Disney's- It's A Small World (After All)	<b>28</b> Add African wild animals and greenery to the water table for exploration	<b>29</b> Add small rakes, shovels, rocks, twigs and wood pieces to the sand table to create a Japanese Garden	<b>30</b> 	
<b>31</b> 	<b>ATTENDANCE RECORDS ARE DUE:</b> <b>~ JULY 22 / 2011 ~</b>					<b>*Cariwest Festival– August 6 - 8</b> <b>Heritage Days– July 30 – August 1</b>	





# August 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>*Attendance Records are due: August 24</b></p>	<p><b>1</b>  ~Heritage Day~ Agency Closed</p>	<p><b>2</b> Body painting. Tape paper down on the ground and set out trays of easy wash paint. With the children in their bathing suits encourage them to cover themselves with paint then roll, jump, sit, etc on the paper until its all covered with paint</p>	<p><b>3</b></p>	<p><b>4</b> Set up some plastic pop bottles on the floor. Encourage the children to take turns knocking the bottles over by throwing or rolling small plastic balls at them</p>	<p><b>5</b></p>	<p><b>6</b> </p>
<p><b>7</b> </p>	<p><b>8</b> Trace the children's feet and photocopy them. Tape them on the floor creating a path and encourage them to follow the prints</p>	<p><b>9</b> <b>Do the Hokey Pokey</b></p>	<p><b>10</b> Tape bubble wrap to the floor. Encourage the children to pop it by jumping, stomping and marching on it</p>	<p><b>11</b> Outdoors: Draw a long line with chalk on the sidewalk. Taking turns, encourage the children to balance walking on the line. Pretend they're walking over water full of sharks and alligators</p>	<p><b>12</b></p>	<p><b>13</b> </p>
<p><b>14</b> </p>	<p><b>15</b> Go to an open field and play with a parachute. Put small-balls on the top of the parachute . Try and keep the balls from falling off the parachute. Call it popcorn!</p>	<p><b>16</b> Play red light, green light. Red light– Stand still Green light– Move</p>	<p><b>17</b> Set up an obstacle course using mats, tunnels and various gym equipment</p>	<p><b>18</b> Go to: "Let's Play" for a field trip: 780-439-1234</p>	<p><b>19</b> With toddlers, blow bubbles and encourage them to chase and pop the bubbles</p>	<p><b>20</b> </p>
<p><b>21</b> </p>	<p><b>22</b> Bring a variety of soft balls to the field to practice tossing and kicking</p>	<p><b>23</b> Lay hula hoops on the ground. Encourage the children to hop, skip, walk, jump, etc through them</p>	<p><b>24</b> Read the book: "Move!" by Steve Jenkins</p>	<p><b>25</b> Create Shakers with the children using empty water bottles and beads. Glue the lids shut. Play some upbeat ethnic music and encourage the children to shake, rattle and roll using their bodies</p>	<p><b>26</b></p>	<p><b>27</b> </p>
<p><b>28</b> </p>	<p><b>29</b> Make homemade popsicles with the children: Let each child mix finely chopped or mashed fruit with plain yogurt in a Dixie cup and add a popsicle stick. Freeze and eat outside after a walk</p>	<p><b>30</b> Play the "Mirror Game". Children pair off and stand facing each other. One partner performs a series of simple movements (standing in place), which the second partner imitates. After awhile the partners reverse roles</p>	<p><b>31</b></p>	