

# CHILD DEVELOPMENT DAYHOMES



February 2012

[www.childdev.com](http://www.childdev.com)

## February Workshop “Infant and Toddler Activities”

Wednesday, February 8, 2012 (9:30-11:30)  
Kensington Community League (12130-134A Ave)  
Providers, children, and parents  
are all welcome! RSVP to 780-444-2288



## March Workshop “Science Activities for Preschoolers”

Date and location to be determined  
Providers, children, and parents  
are all welcome! RSVP to 780-444-2288



## Save the Date!

20th Annual Caring that Counts  
Provider Conference  
Saturday, April 14, 2012  
(Edmonton South) 4440 Gateway Boulevard



## Awards of Excellence

Nominations for the Alberta Child Care  
Professional Awards of Excellence are due  
Feb. 17, 2012. Forms are available at  
[www.child.alberta.ca/childcare](http://www.child.alberta.ca/childcare)

## Multicultural Activity

### Music: Maracas

Preschool and Kindergarten children use fine motor and sensory skills when they create these Mexican instruments.

Materials: Cut up squares of tissue paper (all colors), watered-down glue, small water bottles, beans, rice or anything to make noise.

Description: Take your small water bottles and paint them with watered-down glue. Put coloured tissue paper all over (even on the top). After the bottle is covered, do it once more. Then, paint all over the two layers with watered glue again and let it dry. It will look very glossy and with the beans or rice inside, it will make beautiful music.

Providers will either need to put the beans in ahead of time or let the children. Once it is dry, children can do a musical dance with their new instrument.





## Provider Spotlight — Ana Maria Franco

Ana Maria has been a provider with CDDH for a year and a half. She is naturally very warm and welcoming. Her genuine approach to childcare is admirable. When you enter her basement, she has completely transformed her home for the children she cares for. She has a large open play space with many colourful pictures

and artwork on the wall. Her bulletin board items are posted neatly on the wall for parents to see, including her extensive daily activities and she has made each child a special book for back and forth communication with parents. She has warm lighting, soft pillows and plush toys for comfort in a small cove in the nap room for her quiet area. Ana Maria is

originally from Columbia and integrates her culture and language into the day-home. The children even speak Spanish to her! Thank you Ana Maria for your dedication to the job that you do!



### Outdoor Winner: Laura Armstrong

**Outdoor Snow Painting** (water and food colouring in spray bottles; use primary colours and make a rainbow!)

**Pinecone Collecting**—Each child has a basket. Paint the basket and cover them with glue or glitter or smear with peanut butter and top with seeds for a bird's treat.

**Bird Restaurant**—Set up heavy dishes with different bird food items (seeds, peanut butter, bread crumbs, etc.) near a window. Then go inside and watch your bird restaurant come alive! Which is the most popular dish?



### Parent Feedback Survey on CDDH Website!

Click here on the following link to know how we are doing

<https://www.surveymonkey.com/s/BYQVGQK>

### Upcoming Workshops from Alberta Resource Centre for Quality Enhancement (ARCQE)

February 28—The Intentional Teacher—\$60.00

February 29—Thinking and Planning for Preschoolers—\$60.00


March 5 —Emergent Curriculum for Infants/Toddlers—\$60.00

\*Workshops are from 6:30—9:30pm. For more information go to [www.arcqe.ca](http://www.arcqe.ca)



## Congratulations!

To the following providers celebrating their Anniversaries with  
Child Development Dayhomes in the month of February

Debbie Doyle	6 years		Rukhsana Panhwer	2 years
Stephanie Eke	3 years		Lindsay Villetard	2 years
Amerta Maitlo	3 years		Joy Uy	1 year
Tafseer Sayeda	3 years		Yolanda Mahecha	1 year
Erin Ostapovich	2 years			

## Messy Play by Tafseer Sayeda (Mona)

### Magic Mud

Magic Mud is a colloid, a cool substance that acts like a liquid and a solid at the same time. You can pour it like a liquid but if you squeeze it or hit it hard with your hands it feels like a solid.

#### Ingredients:

- 5 Tbps (75ml) cornstarch
- 3 Tbps (45ml) water
- A few drops of food colouring

#### Equipment:

- 1 small container
- Measuring spoons



#### Instructions:

1. Put the cornstarch in your container.
2. Add water and stir until it is mixed. The mixture will be hard to stir, so take your time!
3. Decide what food colour you would like it to be and add a drop of food colouring to the mixture.
4. When it is done, squeeze it between your fingers, hit it hard in its container or pour it on a surface and try to pick it up.

#### Tips and Tricks:

1. If your Magic Mud is too runny, add a small amount of cornstarch. If it is too thick or you can see some powder, add a small amount of water.
2. The Magic Mud will dry out as it is handled. Add a small amount of water to bring it back to life
3. To clean up, use a wet cloth. The extra water will make the mud runny enough to sop up.

## Active Albert's

### Family Day Botanic Arts City Winter Festival 2012—Free for all ages

#### Sunday, February 19

Interactive Story House Exhibit—St. Albert Lobby. Artist Samantha Williams.

Activities: Demonstrations, write a postcard story  
Time: 1:00—4:00pm

Family Craft Workshop—St. Albert Lobby. Build your own Story House

Time: 1:30—3:30pm

Family Fun Night at Grosvenor Park

Activities: ice skating, shinny hockey, fire pits, FREE hot dogs, hot chocolate and marshmallows  
Time: 6:00—8:00 pm

#### Monday, February 20

Lacombe Lake Park

Activities: ice skating, shinny hockey, cabane a sucre, entertainment, horse drawn wagon rides, milk jug curling, human curling and more

Time: 1:00—4:00pm

Come in Out of the Cold: Tropical Day

Activities: Crafts, games, refreshments

Time: 1:30—4:30pm

Heritage Lakes Community Association

Activities: Sleigh rides, smushing boarding, hockey shoot, human dog sledding, free s'mores and hot chocolate and much more



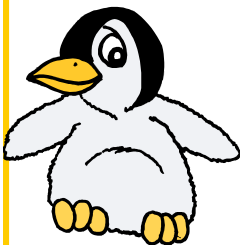
## Toddler Activity by Kelly Roth

### Bubble Wrap Finger-painting:

Tape bubble wrap to the table. Have the kids paint or finger-paint the bubble wrap. Then, take a piece of white paper and press in onto the bubble wrap, rub it with your hand, and lift off carefully. It makes a beautiful modern art print. It looks great if you mix colours.



## Cooking with Children by Kelly Roth



### Winter Penguins:

Depending on age, they could help a lot or a little. Just use a plastic knife throughout. Make cute winter penguins. Cut a date or a fig in half lengthwise. Fill it with cream cheese. Cut cheddar cheese in the shape of a beak and feet and place on your penguin. For eyes, you can use chocolate sprinkles or whatever other idea you may have! These are ADORABLE and DELICIOUS!



## Field Trip Ideas



### Silver Skate Festival

Location: Hawrelak Park, Edmonton

Date: Feb. 17-20

The Silver Skate Festival & Winter Celebration is a free event for all of Edmonton to enjoy. Festival programming will include a wide variety of free events and activities such as the ice slide, family snow sculpting, figure skating demonstrations, roving performers, horse drawn sleigh rides, the Cessco Snow Sculpture Garden, Night Works in the Park, etc. For more info go to [www.silverskatingfestival.org](http://www.silverskatingfestival.org).

### Alberta Legislature

Date: Family Day (Feb. 20)

Enjoy free family fun at the Legislature. Celebrate family day with an abundance of indoor and outdoor activities. Kids carnival, hot chocolate, free guided tours of legislature, wagon rides, ice sculpture display and skating. For more info, go to [www.assembly.ab.ca](http://www.assembly.ab.ca)



## Contest Extension

The bulletin board beautification contest deadline has been extended to March 1, 2012. Submit your picture to CDDH for a chance to win a beautiful gift basket! We look forward to getting your entries!



Be Brave.



### Little Warriors Training

Upcoming training sessions:

February 24, 2012

6:00pm—9:00pm

Jasper Place Child and Resource Center  
(16811—88 Ave)

RSVP to Maria 780-444-2288 or  
[maria@childdev.com](mailto:maria@childdev.com)

**Directions:** From 87 Ave, turn left or right on 165 St. Turn left on 88 Ave, then left on 168 St. At stop sign turn right. Cabrini Building is the tall brown building on the left side. Park at Jasper Place resource/daycare parking lot.

Little Warriors is a revolutionary research based training designed for all responsible adults, including parents, teachers, and all organizations that serve children and youth.

The 3 hour session will teach adults how to help prevent, recognize and react to child sexual abuse.

Each participant receives a workbook, handbook and certificate upon completion.

## Tips for Guiding Toddler's Behaviors

- 1) Teaching Empathy: We are not all born empathetic. Empathy must be taught through modeling and constant teaching by the Early Childhood Educator and family. Encourage empathy in toddlers by showing empathy yourself. Help toddlers to connect with their own emotions by labeling emotions with words. This is the first step to helping toddlers connect other's emotions with their own.
- 2) Hands up, hands down: Play lots of games which teach the children to put their hands up and their hands down. These words eventually become part of the toddlers memories. When a toddler tries to hit another child, the Early Childhood Educator says, "Hands up or hands down". A toddler will stop long enough for the Early Childhood Educator to move towards the toddler and model gentle hands
- 3) Gentle Hands: When toddlers hurt another child or adult, remember to model gentle hands. A great technique to use with toddlers is to "Show and Tell" the behavior. Show the toddler what gentle hands look like and say, "Gentle hands".
- 4) Grouping: First a child learns how to play by themselves and then with another child. Always remember to create play activities for toddlers in group of two. Once toddlers learn how to play in groups of two, then they are ready to play with more than one child or groups of more than two children.
- 5) Self Control: Developing the ability to control urges and stop doing something, or continuing to do things when you don't want to is difficult for toddlers and are skills which will build over time. Be patient and always remember toddlers learn self regulation through consistent teaching of developing language and social skills.
- 6) A Word About Sharing: Toddlers are very concerned with their own needs and ideas. This is why we cannot expect them to share. A better approach is to first teach taking turns. Each time a toddler takes turns, praise the behavior by saying, "Great job of taking turns. You are learning to share." It is not always necessary to share; as adults we do not share everything. Learning to take turns and learning to accept no when our friends do not wish to share with us is all part of toddler learning.













Source: Developing Harmony newsletter—November 2011



# February 2012





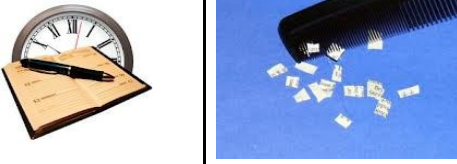


Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p><b>1</b> Crayon Hearts– Heat oven to 250 degrees. Fill each mold in a heart shaped cookie/muffin tin with leftover crayon pieces. Bake them for 10-15 min. Allow them to cool then color with your new multicolored crayons.</p>	<p><b>2</b> Read the book: Olive My Love by Vivian Walsh with the children.</p>	<p><b>3</b> Using construction paper, reusable art supplies and crayons, create homemade Valentines Day cards.</p>	<p><b>4</b></p> 	
<p><b>5</b> Dissolve 4 Tbsp Epson salt with 1/4 cup hot water. Draw freely with crayon on dark paper. Brush with salt solution, stirring the solution often. Dry and display.</p>	<p><b>6</b></p>	<p><b>7</b> Finger Print Hearts – Press your index fingers on a non-toxic stamp pad. Stamp V shaped hearts on paper by joining two finger prints at the bottoms.</p>	<p><b>8</b></p>	<p><b>9</b> Bring the children outdoors to a field of snow. In their snow suits, encourage them to make snow angels.</p>	<p><b>10</b> Exploring sound with babies- Gather a bunch of things you can make noise with, (eg. a piece of crinkly wrapping paper, squeeze toy). Demonstrate each sound, varying the order so it's always surprising. Then put the noisemakers in baby's hand and help him make the sounds.</p>	
<p><b>12</b></p> 	<p><b>13</b> Dipped Chocolate Treats– Microwave chocolate until softened and stir in 2 tsp of salad oil. Encourage children to dip fruit and other goodies such as pretzels into their own chocolate dip.</p>	<p><b>14</b></p>	<p><b>15</b> Set up an obstacle course using furniture, sheets, mats, masking tape and boxes. Have children describe their movements using terms such as over, under, around and through.</p>	<p><b>16</b></p>	<p><b>17</b> ~ATTENDANCE RECORDS DUE: FEB. 17 ~</p>	<p><b>18</b></p> 
<p><b>19</b> Create love bugs using toilet paper rolls, construction paper, googly eyes, glue, markers, pipe cleaners</p>	<p><b>20</b> Family Day Agency Closed</p> 	<p><b>21</b> Heart Toast– Toast bread. Next, using a large heart cookie cutter, encourage the children to make a heart out of their toast. Using clean paint brushes, paint the toast with food colored milk</p>	<p><b>22</b></p>	<p><b>23</b> Use balls, Frisbees, bean bags or paper plates. Put a laundry basket or large box outside at one end of the yard. Children start at the opposite side of the yard and throw their objects one at a time. They pick up their object where it lands &amp; continue throwing.</p>	<p><b>25</b></p> 	
<p><b>26</b></p> 	<p><b>27</b> Fill the water table with shaving foam and add different colors of food coloring. Encourage children to explore it and mix colors.</p>	<p><b>28</b> Chart and learn to say “LOVE” in different languages.</p>	<p><b>29</b> Play follow the leader. Hop, skip, jump, crouch down low and then jump up high.</p>			



# March 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>1</b> <b>2</b> <b>3</b></p> <p><b>Terrarium:</b> Cut bottom half of plastic pop bottle or use a wide mouth container with lid. Have child Put one inch of coarse sand, gravel, or pebbles. This is the drainage layer. Add a layer of Moss (optional), next have children add 3-4 inches of potting soil. Select the plants children would like to use. Remove from pot and gently separate a single plant. With a plastic spoon have child dig a small hole where the plant is to be placed. Plant the plant and ensure all the roots are in the hole. Fill hole with soil and tap gently. After planting add water. Slide top of bottle over the bottom. If it is too tight, make a small half inch slit on each piece and fit carefully.</p>					
<b>4</b> 	<p><b>5</b> <b>6</b></p> <p><b>Magnetic experiment:</b> If you have magnets stuck on your fridge create a mission, let the children look for things round the room that the magnet will stick too. (You can suggest things like wooden spoon, keys, door knob, etc)</p>		<p><b>7 Dried fruit taste test: 8</b></p> <p>Use both fresh and dried fruit of the same species, (grape / raisin, etc). Have the children taste each so they can see the similarities and differences between the two. Squeeze the juice out of the fresh fruit to allow them to see that the water is the main ingredient.</p>		<p><b>9 Infant/ Toddlers Lets talk parts:</b></p> <p>As the child learns and points to body parts, we can incorporate the body part conversation, for example "pick up the cracker with your hands or " let me wash your fingers now that your finished." As the child recognizes more body parts try to look for opportunities to use the body-part terms in regular conversation.</p>	
<b>11</b> 	<p><b>12</b> <b>13</b> <b>14</b></p> <p><b>Ice castles:</b> Label containers with each child's name. Have each child pour water into the container (leaving room for the water to expand). Put 2 drops of food coloring into the water. Put containers inside over night ( or in freezer if it is not cold enough). The next day pop the creations out of the containers. Place them inside in a container next to one another to form your "ice castle." Watch them throughout the day, and see what happens.</p>		<p><b>15 Static electricity:</b></p> <p>Comb child's hair with a plastic comb. Try to pick up small pieces of paper or tissue. Also put the comb near child's arm or head to see if the hair will stand on end. Try other small items, of different materials.</p>		<p><b>16 Attendance records due</b></p> 	
<p><b>18</b> <b>19</b> <b>20</b></p> <p>Have each child stand up and hold a piece of string up to their body. Measure the piece of string from the top of the child's head to the floor and cut the string. Use a piece of masking tape to label the string with the child's name by folding the piece of tape in half over the top of the string and writing the child's name on the tape. Help each child use a measuring tape to measure how long their string is. Let the child know that the number they measured on the measuring tape is how tall they are right now. If desired, write the measurement on the piece of tape.</p>		<p><b>21 Things that float: 22</b></p> <p>Give the children clear plastic containers filled with water and several objects. Explain that some of the objects will float and others will not float. First have the children guess if an object will float or not, then have them place the objects in the water one at a time to determine the results.</p>		<p><b>23 Literacy:</b></p> <p>The Very hungry caterpillar by: Eric Carle. That's not my puppy by: Fiona Watt. B is for bear by: Roger Priddy. Brown bear brown bear what do you see by: Bill Martin Jr.</p>		
<p><b>25 TELUS World of Science 26</b> <b>27</b></p> <p>Discovery land Galaxy area for the enjoyment of children 8 years and under in 5 areas. Tot Galaxy: Toddler area, Infant care room: Special place for baby, Sky high: Roll playing area, Cloud burst: Discovery water-play area, and Blue sky: Creative play area. 11211 145 Street NW, Phone:780-451-3344 , info@telusworldofsciencemonton.com</p>			<p><b>28 Homemade Band: 29</b> <b>30</b> <b>31</b></p> <p>Chimes: Create chimes by filling the same type of glass with different amounts of water. Have children strike the glasses with a spoon to see how each has a different sound. Drums: Different sized pots of the same material can make different sounds when struck, as well as pots of different materials. Guitar: Wrap one thick and one thin elastic band around a shoebox or tissue box so that the children can achieve different cords. Maracas: Take a paper towel roll and tape one end closed. Fill the roll with rice, sand or small pebbles and close the other end. Shake away to a salsa tune.</p>			