Outdoor Fun Day

Legislature Grounds

Friday, July 26, 2013 (weather permitting)
9:30 - 11:30 am
Location: The Legislature Grounds
We will meet at the wading pool.
Providers and Parents welcome.
Please RSVP to 780-444-2288.


November Conference

Introducing Reggio

Saturday, November 2, 2013
This provider event is free.
Location: To be announced
Presenter: Carol Vaage
Please RSVP to 780-444-2288.

This full day Reggio-inspired session will encompass three areas of early Learning - emergent curriculum and inquiry, environment; and documentation. Through this journey, you will learn how to co-create curriculum using the children's interests and ideas for planning. Descriptions and comprehensive examples are provided for how to begin, sustain and culminate projects.

Attendance Records Due:

July 15

Please ensure parents initial attendance record daily and sign the day before timesheets are due.

Parent Feedback Survey on CDDH Website

Let us know how we are doing. Take the Parent Feedback Survey here.
Outdoor Activity Winner: Crystal Giggie

Fun in the Dirt and Mud!

The kids had a blast getting outside after a rainy day to play in the dirt and mud!
Field Trip Ideas

**Family Nature Nights**

The City of Edmonton presents Family Nature Nights in partnership with the Young Naturalists Club/Nature Alberta and the Edmonton Science Outreach Network (ESON).

Family Nature Nights this Summer

Imagine going outside to play after dinner and coming home sounding like an expert on aquatic insects, birds, leaves or even the habits of urban coyotes! The possibilities are endless in our natural environment and we have the right nature enthusiasts to guide you through a summer of deepening your connections to our beautiful, complex planet.

**When:** Wednesday nights from 6:30-8:00pm

**Where:** Various Locations. See the 2013 Locations Poster.

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**Active Alberts**

**Craft Wednesdays**

Every Wednesday all summer long! Crafts, lemonade and traditional games

Where: Grain Elevator Park

When: 12:00 - 3:00pm

Contact: museum@artsheritage.ca

**St. Albert Botanic Park**

Stretched along the meandering banks of the Sturgeon River in the city of St. Albert lies a public garden in progress. Entirely designed, planted and maintained by residents in the community, St. Albert Botanic Park is an example of the power and determination of volunteers. The garden is located on Sturgeon Road, one kilometer east of Boudreau Road, and is surrounded by the Red Willow Park and the riverside trail system that winds through the city. Contact: 780-458-7163
Provider Spotlight

Shannon Ducey

Shannon has been a dayhome provider since May of 2011. During my monthly visits with Shannon, she talks about the children’s accomplishments and needs. She does not hesitate to ask for help or ask for suggestions. Recently, she asked her spouse to build a bigger sandbox so that the children have a bigger area to play. Shannon allows the children to explore freely in the backyard and during daily walks. Shannon realizes when to sit back and give the children more freedom to explore and takes risks within safe limits. Before she purchased a dog, she included the children in the process. She planned a “Pet Week” theme with children’s ideas. She talked to the children about safety around animals and their needs. The parents in her dayhome are happy and satisfied knowing that their children are well cared for. Thank you for providing the children the love, attention and care they deserve.

Parenting Programs

Group Triple P
Positive Parenting
0-12 years
Where: Knottwood Site (1733 Millwoods Rd)
When: Thursdays
July 11 - August 15, 6pm-8pm

One on One Triple P Support
When: Ongoing

Registration Information:
Visit www.mwsrc.org or call 780-413-4521

Visual Arts Class

The Visual Arts class will take place in the beautiful St. Albert Place Visual Art studios on the banks of the Sturgeon River.

Magic Mud

(3 – 5 years with adult)
Parent and child partners have fun making a wide and wonderful variety of clay hand-built projects together in this creative and original introduction to clay! This outstanding interactive child/parent program is designed to help children to develop eye/hand coordination, fine motor skills, and to develop the ability to listen to and follow instructions.

All supplies will be provided. Dress for a mess!

Please do not come to class with unregistered children. Please note that the last class is the following week to allow drying and firing time for the clay.

Mon – Thu (July 15 – 18, 2013)
10:00 – 11:30am

Fri - July 26, 2013
10:00 – 11:30am

Fee: $77

To register, please call 780-459-1585
Congratulations!
To the following providers celebrating their anniversaries with Child Development Dayhomes in the month of July

Nada Chmait  15 years  Marlene Hart  1 year
Venus Rosete  8 years  Shirelle Capstick  1 year
Kristen Stevenson  6 years  Grace Huo  1 year
Sheila Hoffman  4 years  Jessica Nichol  1 year
Salma Abdul Zahir  3 years  Lyndsay Pimm  1 year
Yi Wah (Eva) Fung  3 years  Nisha Shrestha  1 year

Healthy and Delicious Summer Smoothies for Kids

Spinach Smoothie

Ingredients:
-4 cups milk
-2 handfuls of berries, your choice
-3 frozen bananas
-1/8 cup honey or agave nectar
-4 large handfuls of organic spinach

Directions:
Place milk and spinach in a blender. Blend until smooth. Next add the berries, bananas and honey. Blend until smooth.

Watermelon Kale Smoothie

Ingredients:
-1/4 medium sized watermelon, cut into large chunks
-3 frozen kale leaves

Directions:
Add all ingredients to blender and blend until smooth.

Tropical Treat Smoothie

Ingredients:
-2 cups milk
-Handful of ice cubes
-1 cup pineapple chunks
-1 cup mango chunks
-1 cup orange juice
-2 frozen bananas

Directions:
Add all ingredients to blender and blend until smooth.

Recipes from: http://www.best-smoothie-recipes.com
Visual-Spatial Skills

“Children who are more traditional auditory-sequential thinkers learn step-by-step, follow a logical progression from beginning to end, are good listeners, are rapid processors, and think in words. Children with strong visual-spatial skills often think in pictures and images. They are keen observers, learn holistically, and need more time to process information.”

This is the observation of Dana Miller in her article, “A ‘Rich Diet’ for Learning: A Multi-Sensory Approach That Nourishes All Children,” in the new Exchange Essential, The Power of Nature to Nurture. She continues...

“Visual-spatial skills relate to how individuals perceive, interpret, and act on the visual stimuli in their environment. These skills provide information about the environment around us and guide us as we move through that environment....

“Children have many opportunities to develop and hone their visual-spatial skills through building, purposeful movement, and daily hands-on experiences with nature. Through close observation of children, we have learned that children’s visual-spatial work is a language that provides them with opportunities to:

- communicate their knowledge about the world as they view it.
- develop and demonstrate their skills.
- convey, process, and learn to manage their emotions.”

Source: Exchange Everyday (June 11, 2013)

Toy Lending Library

The Toy Lending Library at the Millbourne Community Site is now open. Come and choose from the NEW variety of toys available to borrow - most for children 0 to 5 years! You can borrow up to 3 toys for up to 3 weeks!

Cost: $5.00 Agency Membership required - good for one full year

Hours of Operation: Tuesdays 9:00am to 4:30pm
Thursdays 1:00pm to 4:30pm
All Summer (now until Aug. 23)

Location: Millbourne Community Site
3756 - 78 Street
Located in Richfield III Housing units
Theme: Animal (Forest)
Date: Mar 1st - Mar 15th.
Why this Theme was chosen: Children are very interested about animals and their sounds.

Which one's are forest animal:
- Sing '5 little monkeys'
- Act like monkey
- Color brown banana for monkey
- Make paper plate
- Count elephant
- Play into the honeycomb
- Make roaring like a lion
- Paint lion with orange
- Make orange finger puppet mixing with red & yellow
- Make birds creep like a bird
- Sort different types of animal
- Make tiger mask
- Make roar like tiger
- Read book 'Simba'
- Count lions