

### **Child Development Dayhomes' Illness Policy: Children**

Children who are ill should not attend the dayhome. Please do not bring your child to the dayhome when a child is showing any of the signs and/or symptoms listed below or appears lethargic and is not able to participate in regular dayhome activities.

If a child has any of the following **core** symptoms (not related to a known pre-existing illness or health condition), they must not attend the dayhome for 5 days.

- ❖ Cough
- ❖ Shortness of Breath
- ❖ Loss of sense of smell or taste
- ❖ Fever\*

\*According to the Canadian Pediatric Society, normal temperatures for children are below. Anything higher than this is considered a fever.

- Rectal: 36.6-38.0°C (97.9-100.4°F)
- Mouth: 35.5-37.5°C (95.9-99.5°F)
- Underarm: 36.5-37.5°C (97.7-99.5°)
- Ear (not recommended in infants): 35.8-38.0°C (96.4-100.4°F)

*The child cannot return to the dayhome premises until the dayhome program educator is satisfied that the child no longer poses a health risk to others in the program (e.g., the parents provide a physician's note or the parents declare that the child has been symptom-free for at least 24 hours).*

If a child has any of the following **other** symptoms, the child must not attend the dayhome. *If the symptom is improving after 24 hours, they may return to the dayhome if well enough to do so and it has been at least 24 hours since the symptom started.*

- ❖ Chills
- ❖ Sore throat or painful swallowing
- ❖ Runny nose or congestion
- ❖ Feeling unwell or fatigue
- ❖ Nausea, vomiting, diarrhea
- ❖ Unexplained loss of appetite
- ❖ Muscle or joint aches
- ❖ Headache
- ❖ Conjunctivitis (pink eye) – *child can return 24 hours after treatment has started*

If a child develops a new or unexplained rash, please do not bring your child to the dayhome. Call 811 for advice or see a doctor before returning to the dayhome to ensure it is not contagious to others.

**Please contact your consultant for guidance regarding a positive covid case in your dayhome or family household.**

There are no reductions in fees when your child is absent from the dayhome due to illness. You must arrange for your child to be picked up immediately if notified from the dayhome educator that your child has fallen ill or is showing symptoms at the dayhomes.