

### Child Development Dayhomes' Illness Policy: Children

Children who are ill should not attend the dayhome. Please do not bring your child to the dayhome if they are showing any of the signs and/or symptoms listed below or appears lethargic and is not able to participate in regular dayhome activities.

If your child has any of the following **symptoms** (not related to a known pre-existing illness or health condition), they must not attend the dayhome for 48 hours.

- ❖ Cough
- ❖ Shortness of Breath
- ❖ Fever\*
- ❖ Loss of sense of smell or taste

\*According to the Canadian Pediatric Society, normal temperatures for children are below. Anything higher is considered a fever.

- Rectal: 36.6-38.0°C (97.9-100.4°F)
- Mouth: 35.5-37.5°C (95.9-99.5°F)
- Underarm: 36.5-37.5°C (97.7-99.5°)
- • Ear (not recommended in infants): 35.8-38.0°C (96.4-100.4°F)

The child cannot return to the dayhome premises until the dayhome program educator is satisfied that the child no longer poses a health risk to others in the program (e.g., the parents provide a physician's note or the parents declare that the child is symptom-free)

If a child has any of the following **other symptoms**, the child must not attend the dayhome. If the symptom is improving after 24 hours, they may return to the dayhome if well enough to do so and it has been at least 24 hours since the symptom started.

- ❖ Nausea, vomiting, and/or diarrhea
- ❖ Runny nose or congestion
- ❖ Sore throat or painful swallowing
- ❖ Chills
- ❖ Unexplained loss of appetite
- ❖ Muscle or joint aches
- ❖ Headache
- ❖ Conjunctivitis (pink eye) – child care turn 24 hours after treatment has started

If a child develops a new or unexplained rash, please do not bring your child to the dayhome. Call 811 for advice or see a doctor before returning to the dayhome to ensure it is not contagious to others. **Please contact your consultant for guidance regarding a positive covid case in your dayhome or family household.** There are no reductions in fees when your child is absent from the dayhome due to illness. You must arrange for your child to be picked up immediately if notified from the dayhome educator that your child has fallen ill or is showing symptoms at the dayhomes.