

### Child Development Dayhomes' Illness Policy: Children

Children who are ill should not attend the dayhome. Please do not bring your child to the dayhome if they are showing any of the signs and/or symptoms listed below or appears lethargic and is not able to participate in regular dayhome activities.

If your child has any of the following **symptoms** (not related to a known pre-existing illness or health condition), they must not attend the dayhome for 24 hours. If the symptom is improving after 24 hours, they may return to the dayhome if well enough to do so and it has been at least **24 hours** since the symptom started.

*If your child has symptoms related to an ongoing health condition such as allergies, please submit a doctor's note for your child's file.*

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| ❖ Cough   | ❖ Sore throat/painful swallowing  |
| ❖ Fever – <i>Your child cannot return to the dayhome until they have been fever free for 24 hours without fever-reducing medication</i> | ❖ Chills  |
| ❖ Shortness of Breath   | ❖ Unexplained loss of appetite  |
| ❖ Nausea, vomiting and/or diarrhea  | ❖ Muscle or joint aches   |
| ❖ Congestion  | ❖ Headache  |
|   | ❖ Pink Eye – <i>child can return to the dayhome 24 hours after treatment has started or the eye no longer has discharge</i> |

\*According to the Canadian Pediatric Society, normal temperatures for children are below. Anything higher is considered a fever.

- Rectal: 36.6-38.0°C (97.9-100.4°F)
- Mouth: 35.5-37.5°C (95.9-99.5°F)
- Underarm: 36.5-37.5°C (97.7-99.5°)
- Ear (not recommended in infants): 35.8-38.0°C (96.4-100.4°F)

If a child has a runny nose, please make your best judgement when deciding to send your child to the dayhome. Your dayhome educator may ask you not to bring the child or to pick up the child if the runny nose is consistent throughout the day and needs to be consistently wiped and/or it interferes with daily routines and caring for other children.

The child cannot return to the dayhome premises until the dayhome program educator is satisfied that the child no longer poses a health risk to others in the program (e.g., the parents provide a physician's note or the parents declare that the child is symptom-free)

If a child develops a new or unexplained rash, please do not bring your child to the dayhome. Call 811 for advice or see a doctor before returning to the dayhome to ensure it is not contagious to others.

There are no reductions in fees when your child is absent from the dayhome due to illness. You must arrange for your child to be picked up immediately if notified from the dayhome educator that your child has fallen ill or is showing symptoms at the dayhomes.